

Our Manifesto

Empowering Voices, Shaping Futures

The Girl Takeover initiative aims to empower young girls by giving them a platform to voice their needs and advocate for change in areas that directly impact their lives. Together, adolescent girls identified four key focus areas in health, education, reproductive health, and safety, particularly as they relate to the unique challenges faced by girls all over the country. Recognizing the impact of crises, especially the climate crisis, on girls' well-being and opportunities, they came together to draft a manifesto as an advocacy tool to drive meaningful change in policies and practices that affect adolescent girls nationwide. This is what girls ask of decision-makers:

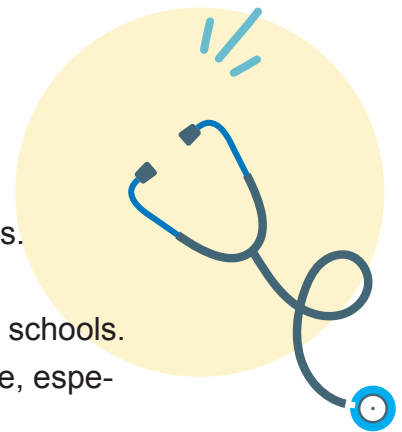
**#Girls
Takeover**

The Girls Takeover workshop, organized by YUWA in collaboration with Plan International Nepal, brought together 22 adolescent girls from five districts—Kalikot, Jumla, Sindhuli, Bardiya, and Dhanusha.

What we want:

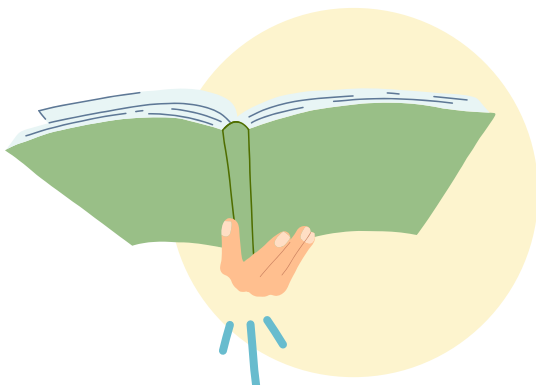
Health

- Assign dedicated health workers for adolescent girls' needs.
- Promote equal participation of girls in health programs.
- Provide education on menstruation and related supplies in schools.
- Ensure community nurses and health workers are available, especially during crises.



Education

- Ensure free, quality schooling for all girls.
- Provide scholarships for girls' higher education.
- Support girls' participation in school activities.
- Create safe and inclusive school environments.
- Offer opportunities like technical education, for girls to learn skills and earn while studying.





Reproductive Health

- Ensure safe abortion services with trained health workers are adolescent friendly.
- Provide vocational training on reproductive health.
- Support safe motherhood programs.
- Offer counseling for girls with health concerns.



Safety and Protection

- Set up a helpline to report child abuse and strengthen related laws.
- Ensure justice and support for girls affected by violence.
- Provide safe routes to school and financial support for abuse survivors.
- Implement programs to reduce discrimination and ensure equal treatment for all girls.

