



2021

ANNUAL HIGHLIGHTS

PLAN INTERNATIONAL NEPAL

KEY NUMBERS IN

2021



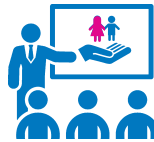
2,199

Communities with sponsored children directly benefitting from Plan's work



36

Community Based Organisations (CBOs)



8,581

Community members trained in gender equality



8,513

Community members and volunteers trained in child protection

TOTAL NUMBER OF DIRECT AND INDIRECT BENEFICIARIES OF GIRLS, BOYS, WOMEN AND MEN



225,430

Total Direct beneficiaries of girls, boys and women and men

Girls (Under 18)



49,978

Boys (Under 18)



38,137

Women (Over 18)



95,596

Men (Over 18)



41,719



746,948

Total Indirect beneficiaries of girls, boys and women and men

Girls (Under 18)



199,168

Boys (Under 18)



165,752

Women (Over 18)



214,457

Men (Over 18)



167,571



TOTAL PEOPLE REACH AND BENEFICIARIES

972,378

PROGRAMME AND INFLUENCING HIGHLIGHTS



LEAD AND DECIDE

Lead and Decide is one of the programme areas defined in the Refreshed Country Strategy of Plan International Nepal till 2018-2023.

Decide component aims at contributing to Plan International's overall goal towards children, adolescents and youth having control of their lives and bodies, and being able to make decisions about their sexuality, the time for marriage, and having a child, free from discrimination, coercion, violence or harmful practices.

DEVELOPING CHAMPIONS OF CHANGE

Champions of Change (CoC) programme is one of the major interventions which targets children adolescents and youths (CAYs) within the age group of 10-24 years old. COC is a life and skill-based curriculum provided to CAYs to impart knowledge, skills to act against harmful social norms and behaviors. Those who attended the sessions have understood the importance of gender equality and unequal opportunities for girls and young women. They have also increased their knowledge on menstruation and have started having conversation with their peers and family members and advocating for dignified menstruation. The participants of Champions of Change have been able to organise

awareness campaign through songs, drama, door to door initiative to end CEFM and other harmful social norms and practices. They often host conversation, dialogues and forum theatre against the child marriage. It is worthy to note that as a result of their involvement in Champions of Change programme, the confidence among girls and boys have grown, a testimony to the fact, that they have been raising their voice against GBV, harmful social norms like chaupadi, child and early and forced marriage and dowry etc. Some local government are also supporting such initiatives. Kamalamai Municipality of Sindhuli allocated budget for implementation of Champion of Change. Similarly, Manahari Municipality of Makwanpur has expressed commitment to support the same initiative.

YOUTH PARTICIPATION GUIDELINE DEVELOPMENT

Plan International Nepal had established a MoU with National Youth Council under Ministry of Youth and Sports (MoYS) with special focus on development of youth participation guideline to facilitate meaningful participation of youth in local level planning process. A reference guideline was developed and finalized after rounds of provincial and national consultation and submitted to Ministry of Federal Affairs and

General Administration (MoFAGA) for review and endorsement. The guideline will be a benchmark to facilitate meaningful participation of young people at local level planning, implementation and monitoring.

SEXUAL REPRODUCTIVE HEALTH RIGHTS (SRHR)

This year, has been a pivotal year for us in the areas of SRHR as more conscious efforts and investments have been made to ensure adolescents and young people's access to stigma free sexual and reproductive health information and services. With these initiatives, adolescent girls have increased knowledge and skills on menstrual health management and Adolescent Sexual and Reproductive Health (ASRH) services. They have visible behavioral change in terms of applying healthy habit of personal hygiene/sanitation and cascading information to their parents and their community. Girls have been able to demand for availability of sanitary pads in school, raise voice against low quality pads available in some schools, begun talking about menstruation with peers and have been supporting other girls who are not comfortable to talk about it. More girls have started to reach out to the health centres for SRHR related consultations. They also shared that their parents have begun open discussion on SRHR with them.

Teachers have been trained on comprehensive sexuality education and provided with resource materials to further deliver quality information to the adolescents in schools. Health providers are also trained on adolescent

friendly services and now have been demanding for standard adolescent friendly health services.

Youth led monitoring of health facilities using score card has been an interesting intervention for both youths and health provider to understand the gaps and work towards improvement of health facility. This intervention also sensitized and advocated local governments for the allocation of resources for improved SRH services in their annual work plan and budget. This youth led initiative has brought a sense of accountability among duty bearers and youths as right holders to claim their rights.

ENGAGEMENT FOR LONG TERM IMPACT

Plan International Nepal is member of technical working group on comprehensive sexuality education; steering committee member of Menstrual Health and Hygiene Management Partner's Alliance (MHMPA); member of the ASRH/family planning sub-committee under family welfare division (Ministry of Health & Population). It is also the part of National Reproductive Health sub cluster to support government efforts in SRHR during emergencies. Plan International Nepal contributed in the development of education toolkit on MHM as one of the technical partners for students based on school curriculum. The toolkit is currently in the process of review and expected to be a teaching guide for teachers and trainers and an important resource on MHM including SRHR for school adolescents.

ACHIEVEMENTS



7,132

adolescents and young people took part in CoC session (3,722 girls/young women)



299

youth (214 girls) were capacitated as peer educators



223

health providers trained on adolescent friendly services



72

teachers trained on sexuality education and were provided resource materials

LEARN



Supporting to increase access of the most marginalized children, specially girls, to the quality education is the key focus. Through programme work, Plan International Nepal supported to create safe, disability and gender-friendly learning environment at school, home and community. Our continuous support to strengthen the quality of data management at school contributed for a better planning and monitoring of school activities. Similarly, we worked closely with partners and school in order to include disaster risk management plans and actions and code of conduct in school improvement plans.

Importantly, Plan International Nepal supported children to continue learning at the time of COVID-19 pandemic when schools were shutdown. School children were provided self-learning books that helped to continue learning when regular education system was disrupted. Influencing and advocacy remained at the core of education programme. A total of 9 rural municipalities were supported to develop local education policies and plans.

Since WASH and MHM remains as one of the key barriers to school education, we supported to create inclusive and gender-friendly learning environment. With this effort, 15 new gender and disability-friendly toilets were set up. In addition, setting up child-friendly handwashing stations and renovation of toilets improved school WASH facilities. Some schools established MHM corners in their school with our support.

Similarly, our Information, Communications and Technology (ICT) support to school received encouraging acknowledgments from local government who have begun replicating into other schools allocating additional resources on top of our support in ICT. These support enabled schools to utilize ICT materials for using audio-visual learning aids, e-library, teaching computer as a subject, upgrading computer skills of teachers, and updating education data system etc. This year, we provided ICT materials to 101 schools.

Making classroom resourceful and child-friendly is important to help children set up reading habit in early age. We supported to set up model classrooms making them child-friendly and resourceful. A total of 12 safe school buildings were constructed to create safe and inclusive learning environment at school in our working areas.

Moreover, we worked collaboratively with other partners to strengthen school governance system through developing capacity of school management committee members, parents' teachers' associations, education officials and representatives of local government. Our various training to teachers further enhanced their knowledge and skills. Plan International Nepal also reached parents through

parental awareness sessions; as a result, they were able to set up 2,548 reading corners in their homes.

SKILLS TO YOUNG WOMEN FOR ECONOMIC EMPOWERMENT

Plan International Nepal continued to promote young women in employment through technical and vocational training focusing aged between 18 and 24. Due to COVID situation, all trainings were conducted in smaller groups of 10 following the strict measures of safety. Virtual trainings were also conducted for the theoretical part of the trainings.

Memorandum of Understanding (MoU) was signed with Trekking Agencies Association of Nepal (TAAN) on the adoption and dissemination of four policies (Gender Policy, Child Protection Policy, Ethical

ACHIEVEMENTS



38,306

set of self-learning books were provided to school children



62

school were supported for toilet renovating and sanitation.



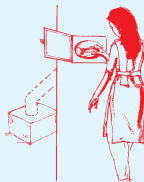
550

new model classrooms were set up



70

hand washing station were set up at school



123

schools have been supported to provision MHM rooms/corners/ facilities at schools



3108

SMC/PTA/ education officials/ elected government representatives reached

Recruitment Policy and Decent Work (safety and security) and relevant code of conduct adopted by TAAN.

The COVID-19 pandemic affected the life and livelihoods of people severely. Youths lost their jobs. We continued to advocate to employers to prioritize recruiting young women whenever their businesses resume. Plan International Nepal implemented COVID-19 response and recovery projects supporting economic security of women and young people through cash transfers via value voucher assistances programming.



63,830
children benefitted
through education
programme



6,176
parents reached
through parental
awareness sessions



492
sponsored families
received livestock
support and 70
families were provided
support for running
small business



250
young women
received vocational
training for
employment



137
employers were
oriented on decent
work and gender
equality



146
young women from
sponsored families
trained in business
and provided start
up support.

THRIVE



EARLY CHILDHOOD DEVELOPMENT PROGRAMME

Plan International Nepal implemented Early Childhood Development programme ensuring the key aspects of child development for child rearing and caring practice. Plan International Nepal's continuous support to the implementation of Child Dream Project in five districts where Female Community Health Volunteers (FCHV) were trained and mobilized to conduct parenting education session. This helped

to increase knowledge and skills of parents that promotes positive parenting and nurturing care practices. Similarly, community dialogue sessions have provided opportunity to discuss how gender and social norms influence gender-based violence, child rearing and caring practices and the care and supports offered to boys compared to girls. Plan International Nepal continued to engage men in child care by training FCHVs to engage and interact with

ACHIEVEMENTS



17

Local governments had established child emergency fund and 4 local governments had allocated budget for combating human trafficking



5

Wards declared as CEFM free wards



4

Local governments formulated and endorsed local strategic action plan against CEFM

fathers during home visits and encourage men to attend health services together with their partner.

In response to COVID, Plan International Nepal have supported nearly 10,000 home-based playful activities guide books to engage parents with their children through activities, shared messaging with parents through social media platforms. Community facilitators followed-up with 3300 parents by phone and home visit by FCHVs and community facilitator in order to support parents.

Plan International Nepal trained FCHVs to integrate positive parenting/nurturing care counselling during their home visits and mothers' groups activities. With continuous support and working closely with local government authorities, they themselves led the implementation and supervision of the Child Dream approach. As a result, local authorities allocated 3.1 million Nepalese Rupees (NPR) funding to upscale the approach into new areas where we don't work. With the increased awareness, parents and care givers show modelling behaviors in regards to male engagement in child care. Similarly, health workers are putting their effort to engage male in Maternal Neonatal and Child Health (MNCH) care through creating opportunities to counsel them by inviting health facility with their partner.

PROTECTION: SAFEGUARDING GIRLS, BOYS AND COMMUNITY

Protection programme aims to empower and protect girls and young women from all forms of violence, abuse, exploitation and harmful traditional practices

including child, early and forced marriage. Our training named Stick and Stones provided to teachers has enabled them to pay attention on taking care of children's protection from the risk of all forms of violence. Similarly, children and young people were empowered to conduct campaigns against child, early and forced marriage, harmful traditional practices, gender-based violence, online safety, human trafficking and unsafe migration. "Maya" named character based on social behavior change communications initiative was developed and disseminated in the form of animated videos, chatboats, safety passport and IEC materials.

Plan International Nepal also supported to conduct series of parenting education sessions and intergeneration dialogue to build common understanding on protection related risk including Child, Early and Forced Marriage (CEFM), its consequences and role of the family and community to mitigate these risks. Inter religious networks were formed and sensitized to enable them to act against harmful practices. The increased level of awareness and engagement with children, young people, families and community leaders in protecting the rights of a child resulted the prevention of 18 early marriage cases and several other cases that violated the rights of the girls.

Plan International Nepal also supported to form and strengthen Child Rights Committee at the local level to advance child rights and safeguarding measures. Our policy work at national level also contributed in advancing the protection concerns working with CSOs and National Child Rights Council (NCRC). In addition, Plan International Nepal also collaborated



12,225
parents participated in
the positive parenting
education sessions



12,000
Members were reached
through collective
dialogues on gender
responsive parenting
through health workers
and volunteers



1579
Children and young
people (1,111 girls and
643 boys) were reached
through trained teachers
with the S&S sessions.

with National Human Rights Commission (NHRC) to submit child centric universal periodic report.

Plan International Nepal continued for dialogue with members of Parliamentary Committee, who have given directives to Ministry of Women Children and Senior Citizen (MoWCSC) for effective delivery of protection services, expanding child helplines, timely

endorsement of children regulation and National Strategic Action Plan against Child Marriage with special attention on COVID situation. Awareness raising through national radio network on child, early and forced marriage, sexual and gender-based violence, psychosocial and mental distress contributed in greater and wider awareness.

COVID-19 RESPONSE AND RECOVERY



As a humanitarian organization, Plan International Nepal also responded to COVID-19 crisis in our working areas with special focus on the areas where our sponsored children and their family live. We extended our support in both the waves of COVID-19 pandemic in the areas of Health, Protection, WASH, Education, Cash and Voucher Assistance (CVA), Livelihood (Recovery) and Emergency Communication.

Health: Plan International Nepal provided health items (oxygen cylinder, surgical masks, oxygen concentrator, personal protective equipment, surgical gloves, hand sanitizer etc.) to the health facilities at district and local government where the items were based on the recommended list by Ministry of Health and Population (MoHP). This support was provided envisioned that the respective health facilities can tackle with the pandemic and save the lives of the most vulnerable population.

WASH: This was one of the major sectors for responding COVID-19 which is prioritized by government of Nepal too. Plan International Nepal supported to install hand washing stations, drinking water facilities, providing sanitation materials with focus on dignity as well as menstrual hygiene management materials targeting to girls and women in our working areas.



Education: Due to school shutdown, children were deprived of receiving education and to address the gaps. Plan International Nepal continued to explore new ways of educating them with strengthening online classes for rural schools and local government by providing equipment such as projector, television, books, stationaries etc.

Cash and Voucher Assistance: This assistance has been one of the effective means for our targeted families during response and recovery interventions of the COVID-19 pandemic. Plan International Nepal supported to deliver the commodity and value voucher

to address the need (daily food intake and supporting livelihood options) to the most vulnerable population.

Emergency Communication: Plan International Nepal supported our stakeholders through dissemination of COVID-19 messages by radio jingles, television spot, social media posts, wall painting, development/printing of posters/flyers, mobilization of youth groups and Female Community Health Volunteers etc. Moreover, with our partners, we implemented two year-long vaccination awareness projects to increase awareness on the importance of vaccination to tackle with COVID-19 pandemic.

ACHIEVEMENTS



78,697

People benefited from the COVID-19 response

Girls (Under 18) Boys (Under 18) Women (Over 18) Men (Over 18)



26,359



24,677



14017



13644

GIRLS GET EQUAL CAMPAIGN

#GIRLS
GET
EQUAL



Worldwide girls are demanding equal power, equal freedom and equal representation to end inequality. It's time for girls to lead the change by raising their voice to make decisions about their own lives and shape the world around them.

Girls and young women, in all their diversity, have Equal Power to take part in all decisions that affect their lives, Equal Freedom to speak up in public and online without fear of violence and harassment, and Equal Representation with an end to the promotion of harmful gender stereotypes that hold girls back.

In 2021, Plan International Nepal worked with girls and young women to raise their voices against online abuse and harassment. It is dangerous, it affects girls' mental health, and its yet another thing holding them back.

Despite several unprecedented challenges in 2021, Girls Get Equal was creative, innovative, and successfully achieved engagement, influence and impact. Plan International Nepal continue to work in new and exciting ways with girls and young people to bring the campaign to life, supporting them to lead Girls Get Equal campaigns in their communities.

GIRLS OUT LOUD:

Girls Out Loud is a safe online space for girls and young women between 13 and 24 years to discuss key gender issues. In closed Facebook groups moderated by trained staff, girls are asking questions and discussing topics such as sexual health and rights, menstruation, gender violence, and self-confidence.

Girls Out Loud is a private group and only for girls and young women. It helps to build the confidence to speak up outside the group. The members inspire each other to challenge the views of family members, friends, teachers, and even religious leaders. Through this platform, Plan International Nepal listened to what matters to girls the most, what issues are most important to them, how girls feel about the situation in their communities, and what they think should be done to bring about the change.

Plan International Nepal scaled up Girls Out Loud programme in 2020 with 50 girls. Now, 1500+ girls from all 7 provinces of Nepal is associated with us. Girls Out Loud is all about creating a safe space where girls can discuss key gender issues, so that we can amplify their voices.

KEY HIGHLIGHTS

- Launched “The State of the World’s Report 2020- Freedom Online” virtually with a panel discussion where 165 young people participated.
- Despite COVID-19, Art is Power was organized virtually. 250 girls engaged in various form of art to raise their voices for equal power, equal freedom and equal representation.
- Selected 150 art work by girls and boys from seven districts exhibited in virtual art exhibition that was launched on the occasion of 16 days of activism against GBV.
- Launched a report on “Representations of girls and women in Nepali Cinema” in collaboration with Film Development Board Nepal virtually with participation of filmmakers, directors, producers, scriptwriters, actors, and media studies students.
- Trained 10 aspiring young female filmmakers to make films with a gender lens. 5 films made by young female filmmakers that challenges gender stereotypes in mainstream media.
- 24 girls took over the role of editors in 13 online news portals demanding an equal representation of girls and young women in online coverage. All online news portal provided a written commitment to implement gender sensitive indicators.
- In collaboration of Youth Hub, organized series of youth friendly activities- Power to poetry, ZoomSkit and panel discussion on the occasion of 16 days of activism against GBV.
- 52 Youth Reporters trained in mobile journalism. Articles, blogs, social media content were developed for social media.





SPONSORSHIP



Child sponsorship is a means of connecting children and their sponsors. Plan International generates fund to bring lasting positive impacts in the lives of girls and children through sponsorships. In 2021, there were 38,587 children sponsored through Plan International in Nepal. A total of 56,296 communication documents were produced, processed and sent to sponsors on behalf of sponsored child and their family.

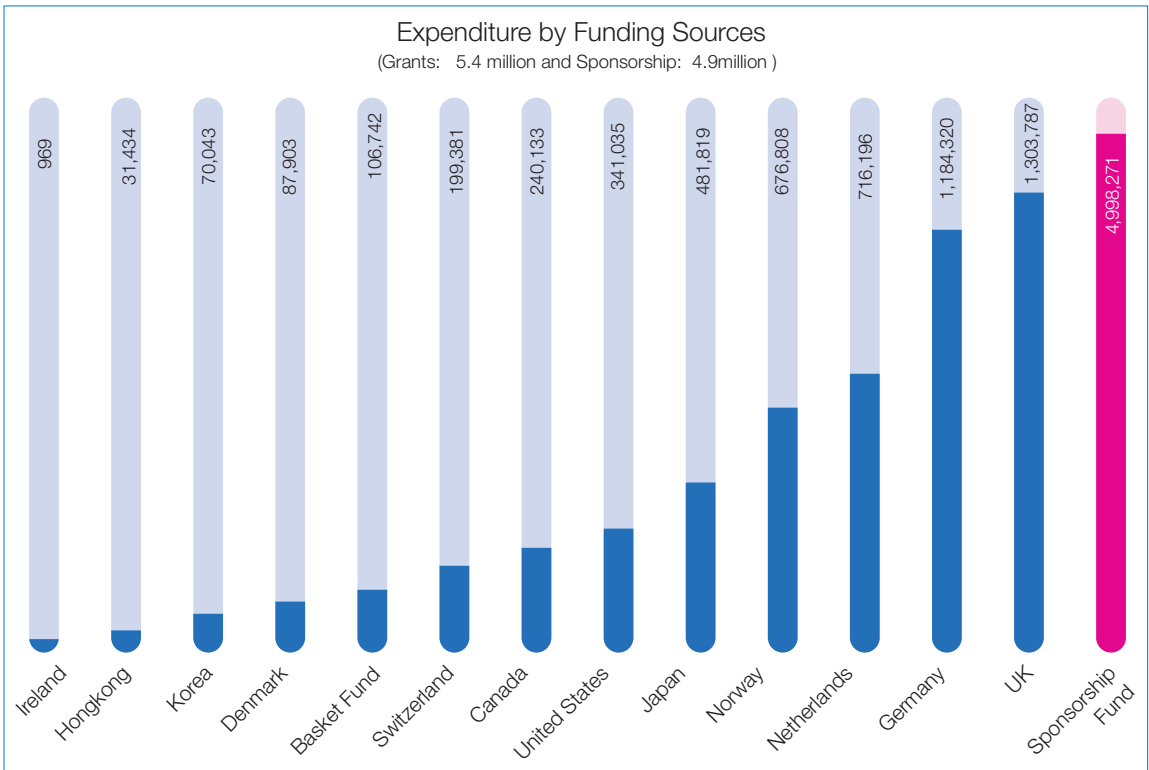
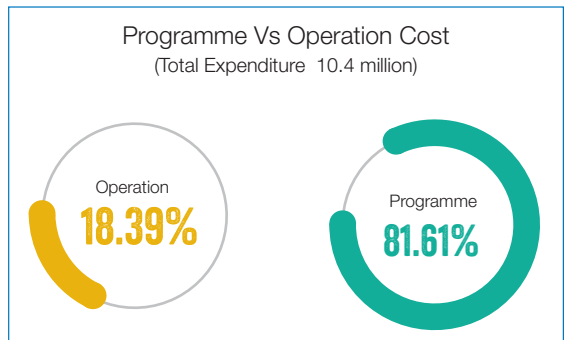
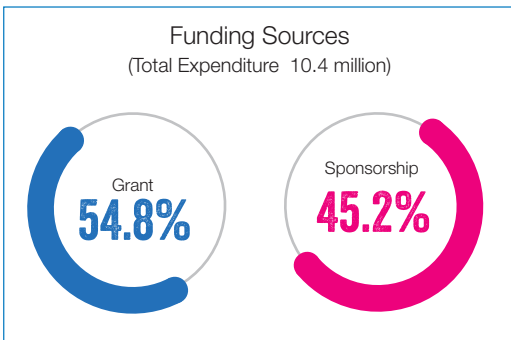
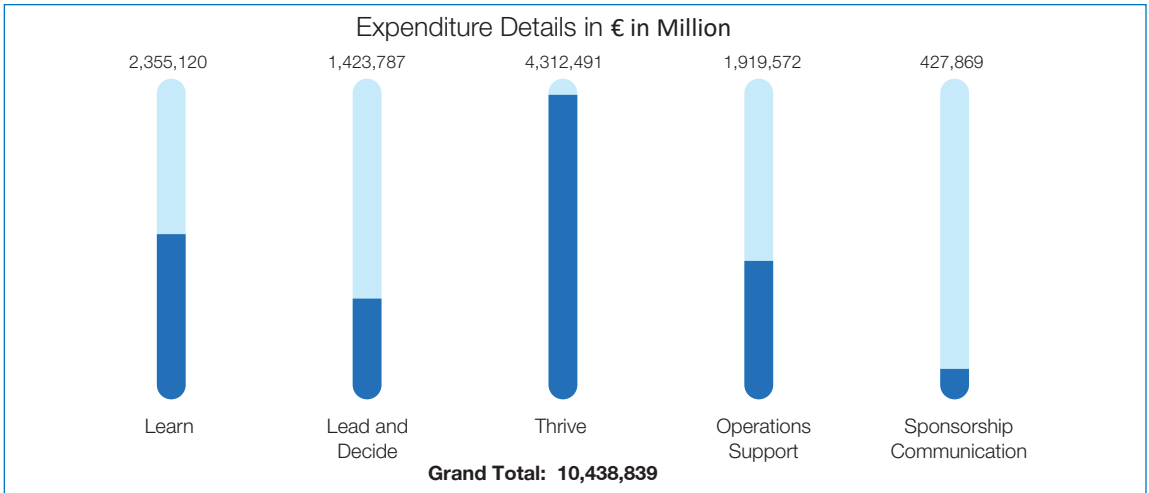
Plan International has continued to work with local governments and contributed towards developing inclusive education plans, preparing child protection policy in schools, declared child marriage free palika, bringing out-of-school children to school. Sponsored children participated in Girls Out Loud, Girls Get Equal campaign events that have offered them to be stronger and able to raise the voices against discrimination and injustice they face in their everyday lives.

OUR WORKING AREAS IN NEPAL



FINANCIAL HIGHLIGHTS 2021

July 2020 to June 2021



ABOUT PLAN INTERNATIONAL NEPAL

Plan International Nepal is an independent development and humanitarian organisation that advances children's rights and equality for girls.

We operated programmes through development partners in 12 districts in cooperation with government, civil society organisations and schools.



VISION 2030

An inclusive, just and safe society where all girls and young women enjoy their rights and live in freedom.

GOAL

Girls and young women in all of their diversity reach their full potential as equal and active citizens.



Plan International Nepal
Country Office
Maitri Marga, Bakhundole
Metropolitan City, Ward no.3, Lalitpur
Phone Number. 977-1-5535580, 5535560
www.plan-international.org/nepal
Find us    

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