



PLAN
INTERNATIONAL

ANNUAL HIGHLIGHTS 2016

COVERS PROGRESS OF
PLAN INTERNATIONAL NEPAL'S PROGRAMME
BETWEEN JULY 2015 AND JUNE 2016

EARTHQUAKE RESPONSE AND RECOVERY SUPPORT

Plan International Nepal is continuing its support to earthquake affected children and communities mainly in the areas of education, protection and shelter. This year we reached 287,847 people, including 117,230 children, through various interventions in shelter, WASH, education, child protection health and livelihood through our post-earthquake response and recovery work.

In summary, the achievements till June 2016 are as follows:

EDUCATION IN EMERGENCIES

- 21,021 children are studying in 310 temporary schools
- 216 temporary schools were equipped with furniture, benefitting 12,797 students
- 30,498 student received education kits
- 364 early childhood care and development facilitators and teachers received training
- 110 temporary schools based in high-altitude areas (above 1,500 meters) were equipped with insulation materials, keeping classrooms warm for 7,121 children

CHILD PROTECTION IN EMERGENCIES

- 44,968 children received counselling, emotional and psychological care and support
- 26,793 parents and caregivers received psychological first aid and parenting training
- 4,000 people learned about child protection and gender-based violence related issues
- 247 children were intercepted through anti-trafficking booths

SHELTER IN EMERGENCIES

- 52,767 households received emergency shelter materials
- 10,089 households received corrugated galvanized iron (CGI) sheets for roofing
- 25,993 winter household kits were distributed to families living in high-altitude areas
- 479 masons and carpenters - both male and female - were trained on earthquake-resistant construction techniques to support 11,142 households to 'build back better'

MATERNAL AND NEWBORN HEALTH

- 32 health posts received WASH facilities, furniture and medical supplies
- 870 volunteers and health care workers received training on maternal, newborn and child health
- 13,033 mothers and children were reached through health services and support
- 6,589 children and adults learned about nutrition and maternal support related topics

WASH IN EMERGENCIES

- 227 temporary schools were equipped with water, sanitation and hygiene facilities benefitting 21,657 students
- 43,672 families received safe drinking water kits
- 71,384 women and girls benefitted from menstrual hygiene kit distribution and related orientation
- 13,332 families learned about hygiene promotion in emergency situations
- 249 masons trained on how to repair and construct household toilets
- 98 community water schemes were repaired, benefitting 9,415 families



LIVELIHOODS IN EMERGENCIES

- 2,863 people who were unfit/unable to work received unconditional cash grants
- 10,435 families benefitted from short-term employment opportunities
- 6,925 families received seeds and tools for vegetable farming and cultivation
- 3,178 awareness campaigns held on child protection, health and food preservation

WATER, SANITATION AND HYGIENE (WASH)

We continued our sanitation programme through our proven community led-total sanitation (CLTS) approach in order to achieve open defecation free (ODF) communities in our working areas. For sustaining ODF status and promoting good hygiene behaviour among community members, sanitation activities were initiated in post-ODF communities. We helped communities to reinstate their ODF status in earthquake-affected communities. As a result, 19 VDC have protected their ODF status. We focused on our school WASH programme adopting the child-to-child approach towards promoting children's right to good health and a clean environment and to influence positive health promotion behaviour and attitudes in schools.

Communities living in hilly areas were also supported to improving their access to clean drinking water by constructing new small-scale piped water supply schemes. Integral to our programme approach were advocacy, lobbying and capacity building approaches at different levels to influence policy and programme implementation, programme scale-up and sustainability. Our "Promoting Agriculture, Health and Alternative Livelihood" (PAHAL) programme funded by USAID is being implemented in 14 districts and carried out a rapid assessment in 33 VDC of 11 districts in the western part of the country to assess the status of sanitation facilities. The findings of the assessment will be used to further implement the project activities.

KEY FACTS

- 36,225 households built toilets before the declaration of Open Defecation Free areas
- 18,548 families living in earthquake-affected areas participated in Behaviour Change Communication sessions and learned about safe hygienic practices
- 5,453 earthquake-affected families got access to clean drinking water
- 1,000 children gained access to clean drinking water
- 666 families got improved access to clean drinking water.
- Students in 108 Temporary Learning Centres (TLCs) in earthquake-affected areas got access to toilets
- 55 gravity flow small-scale piped water schemes were renovated
- 26 health facilities constructed WASH facilities in earthquake-affected areas



HEALTH

Throughout this reporting period we continued our health programme's regular activities, including the strengthening of birthing centres and community based integrated management of newborn and childhood illnesses (CB-IMNCI). The strengthening of birthing centres includes training on skilled birth attendance, construction /renovation of birthing centres, medical and furniture support and raising awareness about safe motherhood. We assisted with the screening of children with different types of disabilities and

supported corrective surgery for children with functional impairments, complemented with follow-up and community-based rehabilitation. Our "Pregnant Women Group" (PWG) project implemented in 15 districts has helped to form pregnant women groups and supported hundreds of pregnant women. Through the projects expecting and new mothers have become aware about antenatal and postnatal care and newborn health services and were enabled to better access these services.



KEY FACTS

- 8,150 health professionals and volunteers trained
- 1,331 children received health check-ups at camps
- 843 pregnant women groups formed
- 793 women received training about pregnant women group facilitation
- 575 parents and female community health volunteers got orientation about children with disabilities
- 289 children with disabilities received assistive devices

BASIC EDUCATION

During the reporting period we contributed to the mapping of out of-school children and facilitated in declaring out-of-school children free villages. We also continued our support in monitoring 3 to 5 year old children's access to qualitative early childhood education and development (ECED) centres. We supported improved child-centred teaching practices particularly at ECED centres targeting grade 1 and 2 students in public schools.

We developed the capacity of teachers in inclusive education, child friendly teaching methodologies and continuous assessment of early grade students.

KEY FACTS

- 42,438 marginalized children (28,883 girls; 5,316 Dalit) received school supply support including stationary, uniforms and school bags
- 27,230 children (14,477 girls; 4,796 Dalit) benefitted from enrolment in ECED centres
- 1,934 out of school children (1,066 girls) were identified and re-enrolled in schools
- 1,417 ECED centres received playing, drawing, colouring and reading materials, amongst which 174 centres were promoted as model centres
- 400 teachers, mainly from primary schools, received training on continuous assessment of early grade students
- 166 schools received learning materials and furniture
- 63 schools promoted a positive and violence free learn without fear environment and developed a code of conduct
- 18 ECED centres and 4 school buildings were constructed

We also built inclusive safe school buildings in collaboration with school management committees and engaged to promote learning without fear and violence-free school environments. With our support 66 village development committees declared their villages as 'no child is out of school'. We supported children with disabilities by providing assistance for vocational education, including in areas like civil engineering and computer engineering.

At national level we also supported the development of a comprehensive education policy for children with disabilities and helped the government to draft its safe schools policy.



ECONOMIC SECURITY

One of our aims is to support families' increased livelihood opportunities. We continued our livelihood and microfinance programme which aims to increase access to sustainable financial services to the most marginalised and disadvantaged. We supported self-reliant groups (SRGs) of women to which 6,741 new members joined. Altogether 137 young women organisations were formed totaling 10,173 members (3,400 new members acquired during the reporting period). Our support to 1,417 families for commercial vegetable production, 227 families for kitchen gardening and 138

families for agro-forestry schemes became the trigger for raising household income levels. Similarly, 51 landless families received collective fish farming support.

We also supported marginalised families income generation through livestock and poultry farming. 151 women and 9 men received skills training and 919 women in difficult circumstance received start-up support to set up their enterprises. 200 families received support to develop their grasslands and to raise goats.



KEY FACTS

- 5,566 self-reliant groups (117,741 members) received support in institutional development
- 1,400 families received support to raise income through goat and poultry farming
- 1,417 families received support for commercial vegetable production
- 919 women received start-up support to set up small businesses

CHILD PROTECTION

We continued our support to children, young girls and women who suffered from neglect, abuse and exploitation. In order to address those issues, various programmes were implemented. We raised awareness about the negative consequences of child labour targeting to the parents and communities in 18 Village Development Committees and 3 Municipalities and developed plans to achieve child labour free communities. 24 wards of municipalities in Hetauda, Dharan, Itahari and Kamalamai declared their wards free from child labour. The assistance to Kamlahari girls for their education and rehabilitation included financial support to 200 girls to enroll in higher studies. Throughout the project period 3,784 girls were rescued and

rehabilitated. Our Awashar-project supported 340 girls and young women who work in entertainment establishments as to prevent them from potential exploitation and to provide safe and dignified working environments.

Three VDCs in Morang district declared themselves as child marriage free villages. With our continued support Tetariya VDC became the first child friendly VDC in Nepal after achieving all 39 indicators related to children's education, health and wellbeing. At national level we provided technical support to the Government of Nepal during the process of amending the Trafficking Control and Transportation Act.



KEY FACTS

- 13,757 adolescents (10,466 girls and 3291 boys) received life skills education
- 5,790 children got their birth certificate and 12 VDCs achieved 100% birth registration
- 2,589 people oriented on child rights
- 510 working children received education support to continue their study
- 300 children gained knowledge on child protection and participation through the training
- 142 children were intercepted by the child trafficking information booth at the Indo-Nepal border and reintegrated with their families

CHILD CENTRED DISASTER RISK MANAGEMENT

Nepal is a country most prone for earthquakes and other natural hazards such as floods and landslides. Our programme interventions focused mainly on preparedness and awareness raising so that communities themselves become more able to respond and to be resilient. We enhanced the capacity of our communities on disaster risk management through various trainings and through developing preparedness plans to any future disasters.

Promoting school safety was another key intervention under this programme primarily through the provision of training to teachers on safer school measures. 40 schools carried out safe school activities where children now feel more comfortable while studying at school.

Resource materials on Climate Change (CC) and Disaster Risk Management (DRM) have been developed for teachers and children. We helped communities to develop local adaptation risk reduction measures such as vegetable farming in flood affected areas, installation of improved cooking stoves, drinking water supply and culverts. We also continued our support to review districts disaster preparedness and response plans in Sunsari, Morang and Dolakha as Plan International is the District Lead Support Agency (DLSA) in those districts. The Disaster Management Information Centre in Makwanpur and early warning system in the Koshi flood risk area have been set up.

KEY FACTS

- 4,500 sets of non-food item relief packages are stockpiled at Plan International Nepal's field offices for immediate release during an emergency response
- 5 schools supported to install Lightning Protection System
- 650 blankets were distributed to cold wave affected families in Sunsari district
- 150 flood affected households in Morang district supported with food and non-food relief items
- 132 school management committees and parent-teacher committee members were trained to prepare school disaster management plans



BECAUSE I AM A GIRL CAMPAIGN



Because I am a girl (BIAAG) is Plan International's global campaign that fights against gender-based injustice. We hosted several activities to raise awareness about girl's rights and the importance of education. Urmila Chaudhary, Plan International Nepal's BIAAG ambassador who spent almost 12 years working as a domestic maid participated at different events as an advocate on girls' rights, specifically all girls' rights to a quality education.

A girls' marathon was organised supported by 1,500 people running for the cause and to raise the 'voice' of girls. We conducted district

level consultations and intergenerational dialogues among selected girls who later participated in the Girls Summit in Kathmandu where they interacted and shared their issues and challenges particularly about child marriage. Plan International Nepal implements all its programmes in partnership with various agencies and girls are integral actors in our programmes. Our BIAAG campaign will continue and evolve to become a strong global movement for girls rights in the years to come.



OUR PARTNERS

This year, we partnered with various agencies to achieve our programme objectives as Plan International Nepal believes that true partnership is the key for the change at various levels.

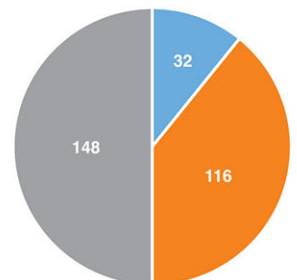
SPONSORSHIP

Child Sponsorship is one of the key foundations for Plan International to connect people across the world and to generate funds to support our child centred community development projects. Sponsorship connects sponsors and sponsored children through various means of communications such as letters, drawings and queries. Currently 39,000 sponsors from 20 countries are sponsoring children in Nepal.

Some sponsors come to visit their sponsored child and evidence the projects implemented through their support. During the reporting period we hosted 50 sponsor visits.

Plan International Nepal's Partners in 2016

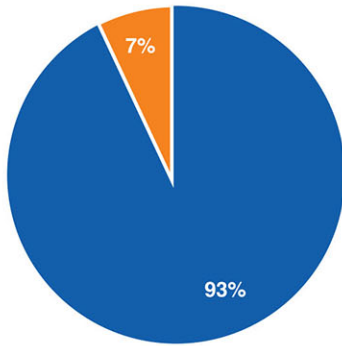
- Government Agencies
- Non Government Organisations
- Community Based Organisations



FINANCIAL HIGHLIGHTS 2016

Programme Vs operation cost

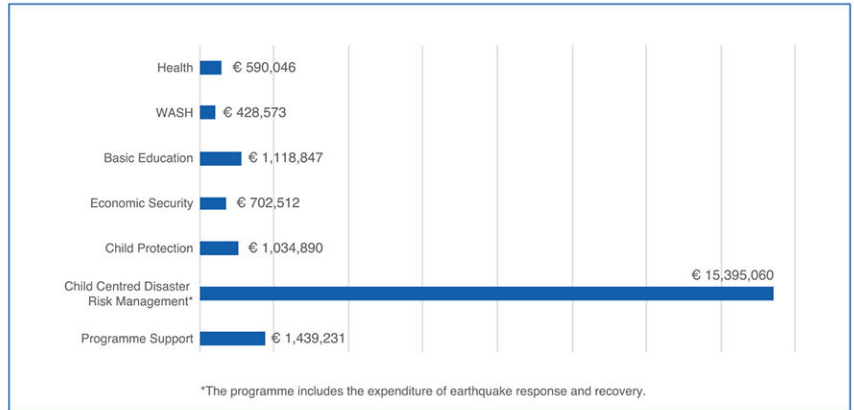
Total expenditure: € 22.26 million



● Programme ● Operation

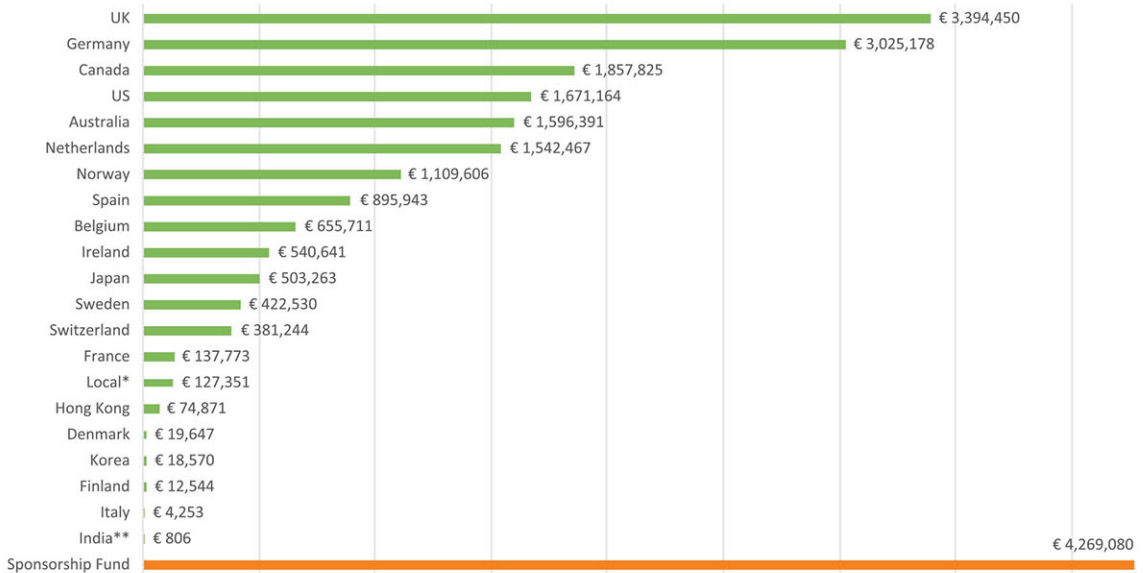
Expenditure as per country programme

Total programme expenditure: € 20.71 million



Expenditure by funding source

Grants: € 17.99 million and Sponsorship: € 4.2 million



* Including gift in kind

** Fund raised within the country

ACCOUNTABILITY

Plan International Nepal is committed to advancing children's rights and equality for girls in the communities where we operate our programmes. We recognise our duty to be as effective and efficient as possible and to be accountable to all our stakeholders; primarily children and their communities. We keep all our stakeholders informed about our work, listen to their voices and involve them in

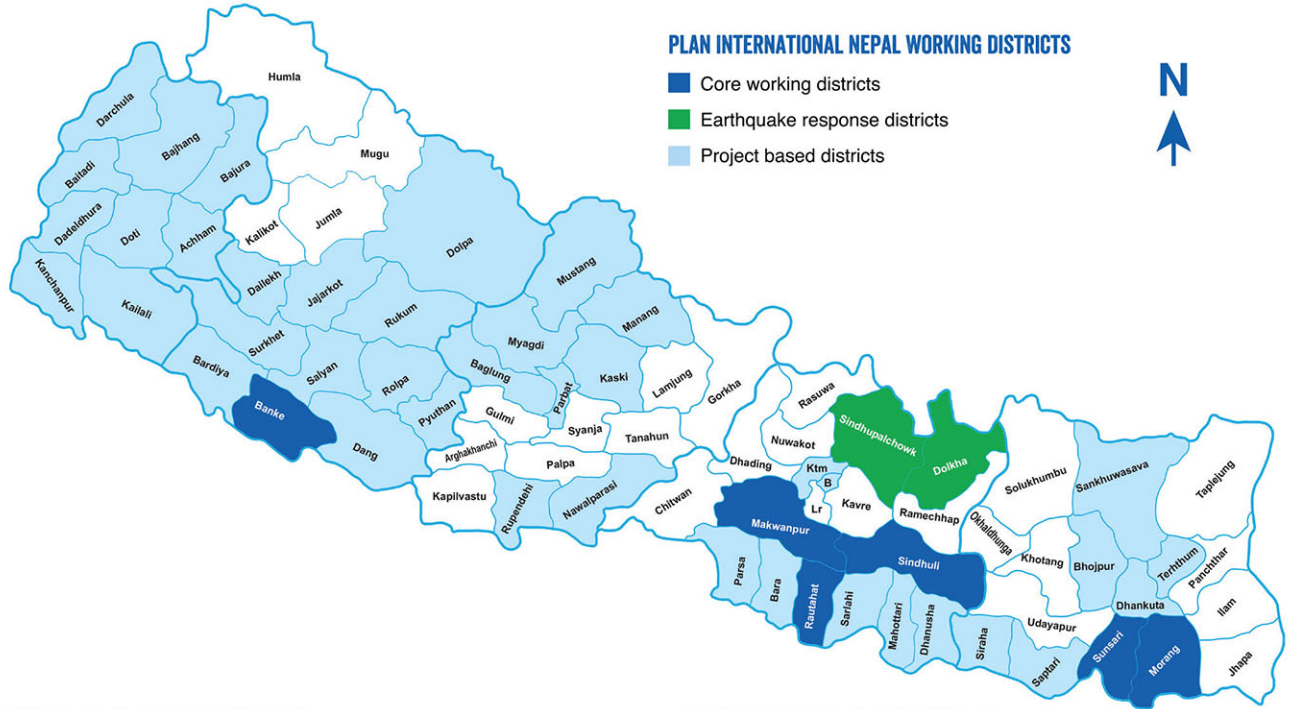
decision-making process for issues that affect them. We also conducted several evaluations by external experts, which provide us with independent measurements of our progress and recommendations for continuous improvements. We strongly believe that these assist us to be fully accountable to our actions in Nepal.

ABOUT PLAN INTERNATIONAL

Plan International is an independent development and humanitarian organisation that advances children's rights and equality for girls. Plan International has been working in Nepal since 1978, helping marginalised children, their families and communities to access their rights to survival, development, protection and participation.

WORKING AREAS

During the reporting period we operated our programmes in 48 districts of Nepal. Programmes were implemented through our local development partners. Since the April 2015 earthquake we also began to operate in Dolakha and Sindhupalchowk and supported the immediate needs of children and engaged in long-term recovery work in the earthquake hit areas.



HOW DO WE WORK?

Plan International Nepal's entire programme is implemented in close cooperation and collaboration with government bodies, local NGO's, community based organisations and school management committees. We also join hands with several other actors at district and national level, both national and international organisations. Child centred community development, Plan International's distinct right based approach, is our way of working in all of our programmes.

WORKING SECTORS

We work in a variety of sectors including health, water sanitation and hygiene, basic education, economic security, child protection and child centred disaster risk management.

We sincerely want to express thanks to all of our individual sponsors, institutional donors and other types of donors. Their support makes it possible for us to implement our programmes with and for some of the most marginalized Nepalese girls and boys, their families and their communities.



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