



40 YEARS
IN NEPAL



**COUNTRY
ANNUAL HIGHLIGHTS**
PLAN INTERNATIONAL NEPAL

2018



A YEAR DEDICATED TO GIRLS IN NEPAL

With our target being to impact 1 million girls by 2022, the first year of our strategy has impacted about 200,000 girls through our various programmes dedicated to gender equality. The girls who participated in our programme have become bolder and louder in order to obtain the freedom to continue their education and skills. Their surroundings have become more positive: in 2018, we implemented several projects, including dealing with the eradication of child marriage and addressing the root causes of child marriage.

'The Takeover' has become a Plan International trademark, providing an opportunity and raising girls' concerns, the radio Takeover event became one of the first in Nepal. Three hundred girls ran radio talk shows with policy makers and leaders,

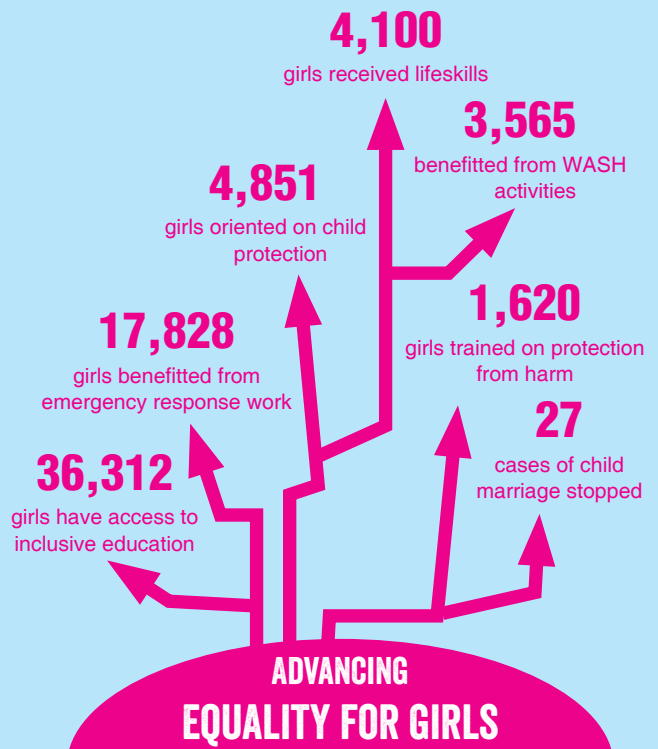
and asked for their commitment on gender equality.

Last year we opened a new office in the Karnali Region; a remote area of west Nepal. We started to work in the region with local government bodies to support the communities to overcome their barriers, particularly in changing norms and supporting all children to realize their rights.

We completed all our earthquake response work and gradually are handing over to communities. Through our three-year long response programme in four districts, we have reached 295,411 people, including 120,345 children and supported them through life saving activities. We acknowledge the support of our generous donors and funders.

PLAN INTERNATIONAL NEPAL IN 2018

- 40 years building powerful partnerships for children
- Worked with 171 partners
- 39,000 sponsored children
- Worked with children in 2,970 communities
- 300 young girls ran a nationwide radio talk show, Takeover, with 900 guests
- Engage with 13,542 people in decision making bodies
- 31,158 people attended various events supported by Plan International Nepal
- 186,143 girls benefitted from programmes, and
- 154,811 women, 112,797 men, and 149,489 boys benefitted from programmes.



This review covers the period 1st July 2017 to 30th June 2018.



GIRLS AND BOYS START **EQUALLY**

EARLY CHILDHOOD DEVELOPMENT

We want girls and boys to grow up healthy at home, and also get equal opportunities. We also want their parents to treat them positively, and in a gender equal and inclusive manner.

Early learning is an important aspect of childhood. We supported to improve the early learning environment at school where girls and boys get equal opportunities to learn. Schools in our programme areas received reading and playing materials, and furniture in order to promote them as model classrooms. Trainings on using local materials to develop learning materials, was provided to parents and teachers so that they can teach their children. We supported to make school buildings safe and inclusive, providing access to all children. We worked with the Ministry of Education, Science and Technology and its departments to develop a community mobilization strategy for early grade reading promotion; this received approval from the government.

The successful approach, Pregnant Women's Groups, innovated by Plan International Nepal, was continued in Morang and few other communities in our working districts. The approach teaches pregnant women and their family members how to treat their children in an inclusive way. Health Posts were provided



with a portable ultra-sonogram to help in the antenatal care of pregnant women. We continued our support to Birthing Centres by providing medical equipment for safe delivery at community level. We also continued raising awareness on responsive care and early stimulation among parents, and enhanced the capacity of health workers on integrated management of new borns, and on childhood illness. Additionally, medical support was provided to sponsored children.

We helped to host a regional conference, "Asia Regional Network of Early Childhood" in Kathmandu in June.

In numbers:

- 4,659 children got extra support to improve reading fluency;
- 2,600 teachers and parents received skills on early reading;
- 1,400 health workers' capacity was enhanced on new born care;
- 1,114 pregnant women received enhanced antenatal care;

- 401 classrooms were developed as models for early grade reading;
- 308 (female 177) sponsored children and their siblings received medical support;
- 147 children with disabilities received assistive devices;
- 167 schools received early learning and reading materials;
- 13 schools were repaired and 21 schools were provided with furniture, and
- 11 school buildings were rebuilt making them inclusive and safe.



GIRLS AND BOYS LEARN EQUALLY

.....► PROMOTING INCLUSIVE AND QUALITY EDUCATION

We want girls and boys to learn in a place which is friendly to all, inclusive, and gender equal.

We continued to develop the capacity of teachers, and improve the learning environment where girls and boys learn equally. To support teachers and the school management team, we developed a gender transformative and inclusive guideline for them. Our efforts were concentrated on bringing back, and retaining, girls in school. In some areas, the government has expressed their commitment to continue bringing girls into the classroom through a school campaign, declaring all children should attend school. Working with the Ministry of Education Science and Technology, we provided training to people's representatives, and local government education officers. As a result, they became able to help in formulating local government education plans and in allocating resources. We worked closely with elected people's representatives to develop local education plans to make gender transformative plans and programmes. We engaged with female elected representatives so

that they could find their space and perform an active role in decision making. Our education programmes were focused on changing norms and behaviours of community people towards gender and making an equal and safe place for children, specially girls.

In addition to this, we also extended our support to the earthquake affected children by providing access to school. We enabled School Management Committees to include disaster risk management aspects in their safe school implementation plans.

In numbers:

- 34,754 children (17,828 girls) benefitted from our emergency response;
- 10,283 girls received support for their education;
- 8,142 children benefitted by early learning and reading activities;
- 463 female leaders received leadership training on gender sensitive education governance;
- 319 teachers were trained on gender transformation, and
- 286 schools developed an inclusive education plan.



.....▶ **GIRLS AND YOUNG WOMEN'S EMPOWERMENT**

We want adolescent girls to build their capacity in a collective way. Their access to sexual and reproductive health rights services is enhanced and become able to protect from abuses. We want them to feel able to take the lead.

We implemented programmes to empower young girls and women in order to build their assets and self-protection capacities through promoting employment and entrepreneurship. As an initiative, a memorandum of understanding was signed with the stakeholders of trekking and hotel associations to create jobs opportunities and a decent work environment for girls in the tourism sector. We also continued to support women's cooperatives in Bardiya. Out of 29, 25 are now able to run themselves.

About 300 girls ran radio talk programmes, Takeover, across the country with 900 policies makers, local leaders and journalists during the celebration of International Day of the Girl on 11th October, 2017.

We introduced Champions of Change, a new initiative for adolescents that enables them to engage in community activities and raise their concerns. Young girls belonging to youth organisations have been organising events to raise their issues at public events, urging the local government to take action against discrimination and inequalities faced by girls. As a result, these youth groups/ networks have started receiving funds from local governments for youth empowerment activities.

One of our Projects - Girls Advocacy Alliances - inspired local representatives to develop a strategy against gender based violence (GBV), bringing equality in the lives of young girls and women.

In numbers:

- 9,186 children, half of them girls, engaged in monitoring and equality for girls;
- 4,103 adolescent children, girls and boys, received life skills training;
- 1,124 young women's groups campaigned against harmful traditional practices;
- 1,179 young women were trained on vegetable production, and
- 606 adolescent girls took part in a Champion of Change course.



GIRLS PROTECT

CHILD PROTECTION

We want every home and school to be violence free. We want children to grow up in a community free of child marriage, child trafficking, and child labour. We also want adolescents and young girls to develop their agency to take the lead in the issues that affect them.

During the changes in the governing structure of Nepal, we rigorously urged them to prioritise the issues of child protection and development a national child protection system. We worked with local governments and helped for resource mapping and development of referral mechanisms. We encouraged young people to act on issues affecting their lives; they then joined our movement for promoting girl's equality.

We are continuously enhancing their capacity and providing support so that they can fight against injustice.

A safe house for trafficking survivors was built with our support, and has now been handed over to Government of Nepal.

In numbers:

- 9,402 (4,831 girls) oriented on child protection;
- 3,044 children (1,620 girls) trained on protection from harm and violence;
- 156 health workers (doctors, nurses) were provided orientation on GBV;
- 136 Ward level Child Protection Committees formed;
- 81 girls, 58 women and 143 boys (trafficking victims) intercepted, and
- 24 school developed their own child protection policy.



RESILIENT GIRLS AND BOYS

► DISASTER PREPAREDNESS, RESPONSE AND WASH

We want a resilient community which is gender transformative and disability inclusive. The community is capable to manage disaster risk, adapt to climate change, and promote healthy and hygienic sanitation practices.

We integrated earthquake response work into our regular development work and continue to address the needs of earthquake affected people. We supported to build girl-friendly toilets and other WASH facilities, which inspired girls to continue their education. We helped women to take up more leadership roles in community based WASH committees. Young women were also provided with technical skills on repair and maintenance of water supply facilities, making them able to take-up the role of plumbers, traditionally considered as men's work. We facilitated for the formation of WASH Coordination Committees at Ward, Rural Municipality and Municipality levels after the change in the governing structures at local levels, and the local elections. WASH members were oriented to incorporate the issue of gender and inclusion in local level plans on WASH. Our efforts to contribute towards change in social

norms and behaviours regarding menstruation hygiene, with reduction in gender inequalities, in schools, homes and communities were continued. Schools have made provisions for a separate Menstruation Hygiene and Management corner with resting and washing facilities. Sanitary pads are also now available in schools for girls during menstruation. Girls are no longer absent from school during their periods.

We facilitated a child consultation with 30 students on monitoring of the Sendai Framework for Disaster risk reduction and submission of a joint report to the Asian Ministerial Conference on DRR held in Mongolia.

In numbers:

- 6,919 boys benefited from WASH activities;
- 5,000 girls learned about menstruation hygiene practices;
- 2,059 students have now improved access to water in schools;
- 1,583 people benefited from drinking water supply schemes, and
- 872 WASH coordination committee member oriented on gender and inclusion.



EARTHQUAKE RESPONSE AND RECOVERY SUPPORT:

Our earthquake response and recovery programme, which started right after the earthquake on 25th April 2015, is almost complete as of this year. In order to support the earthquake affected families, we worked with our 31 local development partners in close coordination with the Nepal Government in four of the affected districts (Dolakha, Sindhupalchok, Sindhuli and Makwanpur). Our recovery and response was focused on child protection, education, shelter, WASH, livelihoods, health, and disaster risk reduction. Our expenditure during the period was 16 million Euro for response and recovery work.



In numbers:

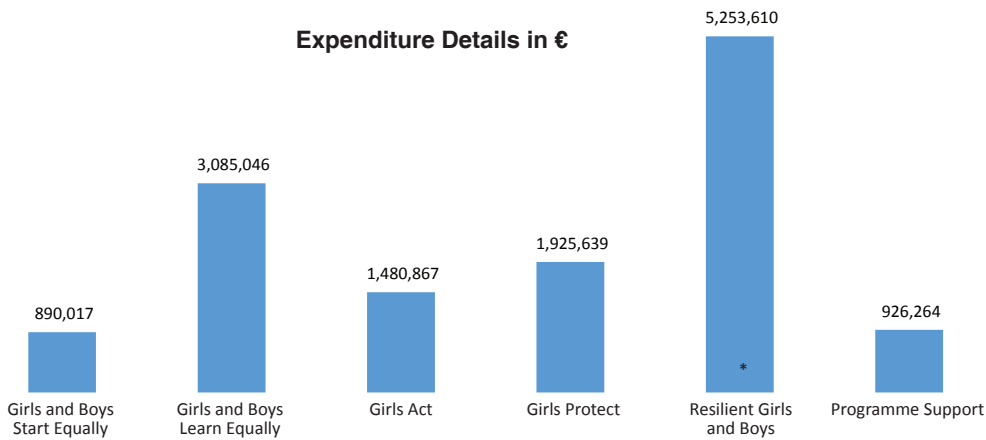
- 58,823 families benefitted from response and recovery programmes;
- 56,416 households received shelter support;
- 10,435 families received cash grants;
- 21,886 families rebuilt toilets;
- 3,983 people participated in child protection sessions;
- 2,800 families received hygiene kits;
- 2,478 people attended first-aid and parenting sessions;
- 2,000 girls gained knowledge on menstruation hygiene management;
- 191 drinking water schemes were set up, and
- 23 safe and inclusive schools were built.



FINANCIAL HIGHLIGHTS 2018

(July 2017-June 2018)

Expenditure Details in €



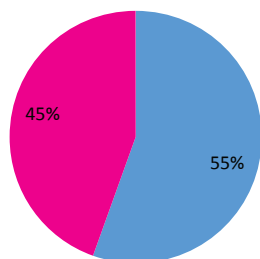
Grand Total: €13,561,444

*Including Earthquake Response

Funding Sources

(Total Expenditure € 13.5 million)

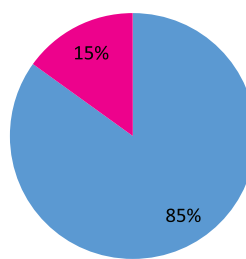
■ Grant ■ Sponsorship



Programme Vs Operation Cost

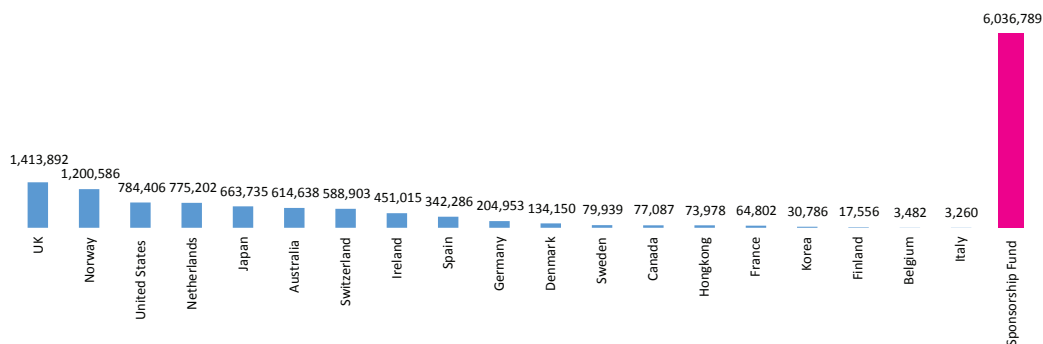
(Total Expenditure € 13.5 million)

■ Programme ■ Operation



Expenditure by Funding Sources

Grants: € 7.5 million and Sponsorship: € 6 million



ABOUT PLAN INTERNATIONAL NEPAL

Plan International is an independent development and humanitarian organisation that advances children's rights and equality for girls. We have been working in Nepal since 1978 to help marginalised children, their families and communities for accessing their rights to survival, development, protection, and participation.

We operated programmes through development partners in 39 districts in cooperations with government, civil society organisations and schools.



40 YEARS
IN NEPAL

Plan International Nepal

Country Office

Maitri Marga, Bakhundole

Metropolitan City, Ward no. 3, Lalitpur

Phone Number. 977-1-5535580, 5535560

www.plan-international.org/nepal

Find us

