



# ANNUAL HIGHLIGHTS 2015

THE **ANNUAL HIGHLIGHT** COVERS PROGRESS  
ABOUT PLAN INTERNATIONAL NEPAL'S PROGRAMME  
BETWEEN JULY 2014 AND JUNE 2015.



# EARTHQUAKE RESPONSE



Plan International Nepal responded the 7.8 Magnitude earthquake right after the quake on 25th April 2015. Within the three month of the earthquake, we delivered relief items and responded the needs of families who were severely affected by the quake in four districts: Sindhupalchwok, Dolakha, Makwnapur and Sindhuli. We reached 196,000 individuals including 82,000 children through our following programme interventions:

**Health:** In four response districts, Plan provided tents to damaged health posts to resume health services and staff accommodations, including temporary WASH facilities. Plan International distributed 1100 delivery kits and 42,650 aqua tablets to the affected households.

**WASH:** WASH is one of the areas of Plan International's earthquake response. In 4 response districts, Plan helped in building 121 WASH facilities, distributed 30,500 water kits and 22,255 hygiene kits to earthquake affected household.

**Livelihood:** Food stuff were distributed to 13,585 households in Sindhupalchowk, Dolakha and Kabhre soon after the quake.

**Child Protection:** 73 Child Friendly spaces were set up for 7500 children. Those in remote communities were reached out through 51 mobile teams. The Helpdesks, established in each VDC is providing

information about safety and protection measures. Plan International led children consultations for Post Disaster Needs Assessment (PDNA) in Plan's response districts. The report on child consultation was launched at national level jointly with Ministry of Federal Affairs and Local Development, Save the Children, World Vision and UNICEF.

**Shelter and Cash Transfer:** Plan International distributed 46,121 tarpaulins and ropes in Sindhupalchowk and Dolakha, the most severely affected districts and 3 other affected districts namely Sindhuli, Makwanpur, Baglung, Parbat and Myagdi within Plan International's field offices. Later CGI sheet were provided to over 4000 households as support to build semi-permanent shelter. More than 13,000 people benefitted from cash for work and 475 received un-conditional cash grants.

The latest updates are available at:  
[www.plan-international.org/nepal](http://www.plan-international.org/nepal)



## WATER, SANITATION AND HYGIENE (WASH)

Community led total sanitation approach to achieve open defecation free (ODF) communities in its programme districts were continued to advance the rights of children to have basic sanitation facilities. 19,639 households of 16 village development committees became open defecation free. Besides, post-ODF follow support were provided in those villages to prevent them from slipping back and to promote the hygienic behaviour needed to achieve for total sanitation status. We also put school WASH programme as a priority. Communities living in the hills were supported for improving their access to clean drinking water by constructing new small scale piped water schemes. Promoting Agriculture, Health and Alternative Livelihood (PAHAL), a five year new project was launched, that is implementation by a consortium of Mercy Corps, Plan International and IDE. With this project, we have entered into 14 remote hill districts in west Nepal.

## HEALTH

The maternal and child health care is the key components of our health programme. We helped community health volunteers and health workers on integrated management of new-born and child hood illness and educated pregnant mothers to care during pregnancy, birth preparation and new-born care. Health workers received training on community based new born-care, an initiative of Government of Nepal. We scaled up a new project Pregnant Women Group in 15 districts which aims to reduce the maternal, perinatal and neonatal mortality in Nepal benefitting 198,000 pregnant women. Birthing centres were established including construction of placenta pits and supplies of essential medical equipment. As a result, the mothers got easier access to the services of institutional delivery of children with quality maternal and new-born health care services.

### Our health programme;

- Trained **2,247** community health workers and 160 professional health workers on new-born care programme.
- Facilitated and oriented **1,660** professional health workers to attend annual review and reflection meeting on community based new born care programme and safe motherhood programme.
- Oriented **319** members of health facility management committee on safe motherhood.
- Completed the construction and renovation of **9** birthing centres of five districts including construction of placenta pits, provided medical equipment, instruments and furniture **10** birthing centres.

### Our WASH programme;

- Made aware **19,639** households of 16 village development committee to become open defecation free reaching **109,900** population.
- Helped to set up **10** drinking water supply system benefitting **700** households.
- Supported to organise hygiene promotion activities in **24** village development committees.







## BASIC EDUCATION

Home based and centre based early childhood care and development services helped in developing early learning environment for young children. Early childhood and educational development centres were developed as model in terms of quality learning activities, good and safe physical environment. School have received support in improving classroom management for the early grades 1 to 3. Through our campaigns on education, 27 village development committees declared out of school children free villages once all those children were enrolled at school. Our programme also supported the government to draft a national safe school policy based on its good practices of safe school development. Likewise, we played a role in drafting the national inclusive education strategy for disability inclusion in education.

### Our basic education programme;

- Provided Early Childhood and Educational Development access to **29,164** children (**15,140** girls).
- Trained **5,112** numbers of parents and volunteers on early childhood and educational development.
- Helped to re-enrol **1,155** formerly out of school children at school to continue their education
- Assisted **108** primary school to improve classroom management of early grades.
- Constructed **75** schools.
- Constructed /rehabilitated **27** early childhood and educational development centre.



## HOUSEHOLD ECONOMIC SECURITY

We continued its support for promoting access of rural women to financial service that helped them to raise income locally and engage in small enterprises. Women cooperatives widened their outreach to cover disadvantaged women as a result twenty three women cooperatives were able to cover cent percent households in their service areas. About 60 percent of the members of the cooperatives have been using their loans in initiating enterprises. New women cooperatives were registered, self-reliant groups were formed after they received training and support from Plan International. Young women of remote areas have also been organised who ran various activities and campaigns against gender based violence and advocated for girls education. Farmers growing vegetables in commercial scale have made returns ranging from US\$ 7 to \$450 per year, which they invest in children's education, medical treatment and household expenses. Our Girl Power Project supported to form 11 district level networks of civil society organizations, they now work in the issues of girl's rights and respond the cases of violence against girls.

### Our household economic security programme;

- Provided agricultural training to **22,130** farmers.
- Supported **5,971** families who received support for kitchen and commercial gardens.
- Helped **1,737** self-reliant groups of women to form with **38,927** women as members.
- Supported **1,330** women who received start up support to run their small business.
- Provided vocational training to **433** women.
- Helped in establishing **28** new women cooperative with **22,670** new members.





## CHILD PROTECTION

We helped rescue 360 Kamlahari (once bonded) girls and 92 child labourers, who were working in various sectors. Five municipalities have developed strategic plans for eliminating child labour.

Following this, 2 wards of Hetauda municipality were declared child labour free. We put more efforts to prevent the trafficking that happens in Nepal and India boarder, as a result trafficked children were rescued and intercepted including reunited with their families after counselling them in transit shelters. We continued our child-friendly VDCs initiation where the children participated in their child clubs and decision making forum of the local government bodies. Twenty village development committees achieved 100% birth registration as we continued our technical support to the government on installing

and operating vital event registration software in local registrars' offices. The preparation of child led alternative report on Child Rights Conventions was the highlight of Plan International's contribution to the child rights monitoring and reporting.

### Our child protection programme;

- Trained **10,439** adolescents about life skill needed to choose a bright future.
- Oriented **4,202** people including the local volunteers on child protection.
- Rehabilitated and reintegrated **3,775** freed Kamlahari girls and **489** working children.
- Trained **1,251** staffs in partner organizations on child protection.
- Rescued 64 trafficked children, intercepted **192** children, reunited **104** of them with their families.



## CHILD CENTRED DISASTER RISK MANAGEMENT

We focussed mainly on Safe School, Climate Change adaptation, emergency preparedness and response. Safe school initiatives, carried out in 46 schools; helped to prepare Disaster Risk Management Plan at schools. Communities surrounding the schools were also involved in raising their awareness about potential disasters and their participation in the community level disaster preparedness.

Climate Change Adaptation project that aims to address the needs of the children and communities around this issue is promoting local knowledge and capacity in climate change adaptation. A vulnerability assessment was conducted, and locally compatible measures were taken to address hazards and risks, such as gully erosion, landslides, and water source depletion. We actively engaged in advocacy issues related to disaster management jointly with different national networks that contributed in drafting a safe school policy for the country.



### Our child centred disaster risk management programme;

- Carried out safe school initiative in **128** schools, benefitted around **24,500** children.
- Helped **4,395** students to take part in the activities about safe schools
- Provided training to **225** teachers to acquire knowledge and skills about making school safe
- Assisted **41** VDC and **30** Schools to develop local disaster management plans



## BECAUSE I AM A GIRL CAMPAIGN

Plan International's global campaign Because I am a Girl fights against gender inequality and promote girls right and lift millions of girls out of poverty which also gaining momentum in Nepal. With the theme of promoting girls education, of this year, various programmes such as rally, interaction, discussion were organized to highlight the issue of girls they faced and

sought commitment from everyone. Beside this, our campaign ambassador, Urmila Chaudhary, participated several national and international events and spoke about the importance of education in girl's life attended by hundreds of delegates. Miss Earth Switzerland Shayed Hug met girls in Kailali and Baglung to understand the challenges girls face in rural Nepal to raise awareness at global level and asking to extend support for the causes of girls.



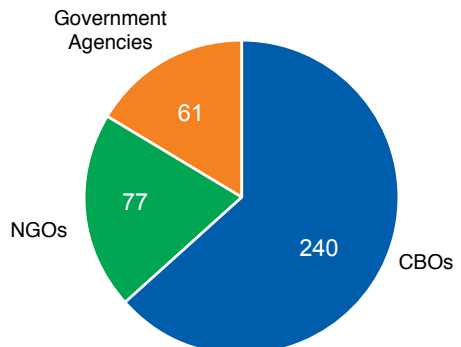
## SPONSORSHIP

Sponsorship is the foundation of Plan International. Currently, Plan International has 39,000 sponsored child in Nepal. During the year fifty sponsors from Sweden, Norway, Germany and Japan met their sponsored child including their families and visited programmes to understand how children and their communities are benefitting from the programme in Nepal.

## OUR PARTNERS

we believe in the power of connections to advance children's rights. We are stronger working together in solid partnership, sharing our knowledge, experiences and resources and facing our challenges. This year, we partnered at all levels to unite as powerful agents of social change for ensuring children's rights.

### Plan International Nepal's Partners in 2015

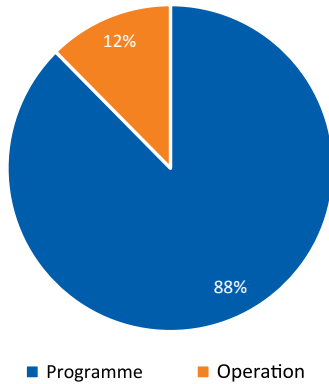


# FINANCIAL HIGHLIGHTS 2015

## Programme Vs operation cost

Fig: 1

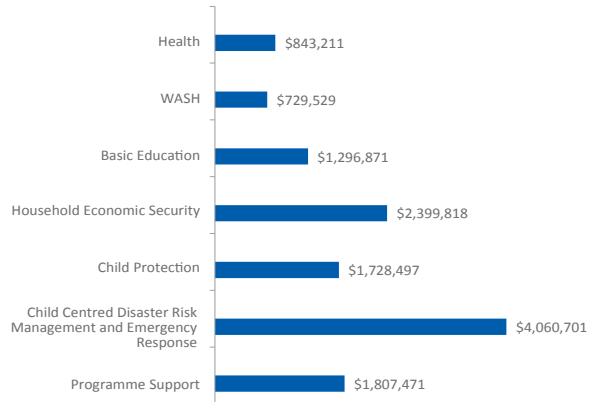
Total expenditure: US\$ 14.6million



## Expenditure as per country programme

Fig: 2

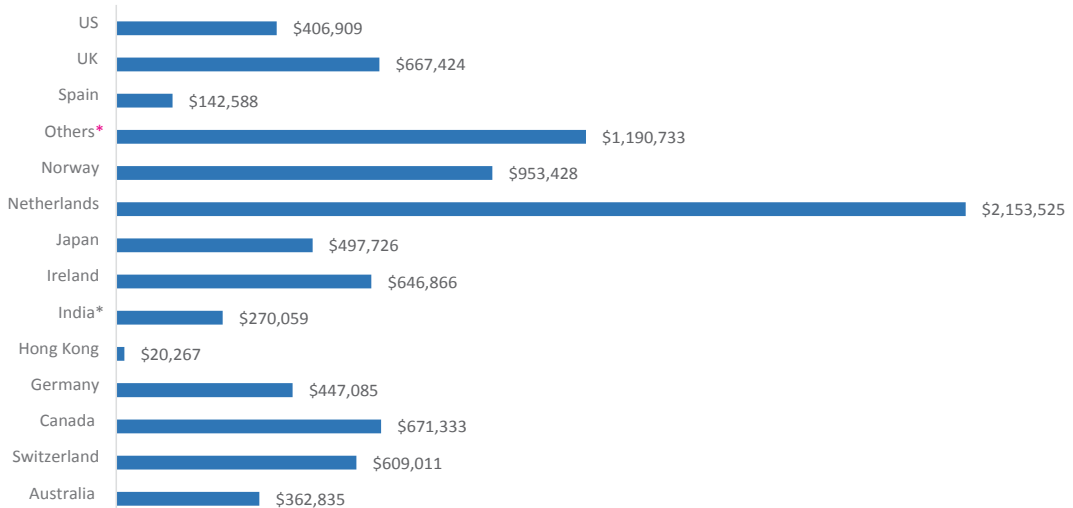
Total programme expenditure: US\$ 12.8million



## Grants income by country

Fig: 3

Total grants: US\$ 9.1million



\*Others: Donation received from Appeal fund through Plan International National Organisation such as Australia, Belgium, Switzerland, Denmark, Finland, Germany, Hong Kong, Ireland, Italy, Japan, Korea, Netherlands, Spain, UK, USA and Spain)

\*Including gift in kind

## ACCOUNTABILITY

We are accountable to the children and communities we work with and are committed to keeping them fully informed of the work we do. We involved them in making decision that affect their lives.

We conducted several evaluations of our projects and programmes this year by internal and external experts in order to measure the progress and learnings for future improvements that also helped us to be accountable what we do with communities and other stakeholders.

## ABOUT PLAN INTERNATIONAL NEPAL

Plan International Nepal has been working in Nepal since 1978, to enable marginalised children as well as their families' and communities, to access their rights to health, education, economic security and protection in the hundreds of communities that we work with, there are difficulties accessing adequate health care and sanitation.

## WORKING AREAS

We worked in 40 districts and operated our child centred development programmes. We have supported through its extended programme in education, protection and health during the year. Plan International Nepal also have been responding the needs of the people in the earthquake hit areas since April 2015.



## WORKING SECTORS

Health, Water, sanitation and hygiene, Basic education, Household economic security, Child protection and Child centred disaster risk management are our major programme themes. Our approach is rights based that places children at the centre of all our programme work.

### In 2015, Plan International Nepal trained;

- **11,072** people including health professionals, volunteers and traditional birth attended on health
- **10,439** adolescents on life skill education
- **7,493** farmers on agricultural techniques and skills
- **6,591** teaching professional including school management member in teaching, learning and governance skills
- **4,202** people, volunteers on child protection



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