



INCLUSIVE COMMUNITY DISASTER RISK REDUCTION AND MANAGEMENT PROJECT

(ICDRM)



IN THE PHILIPPINES

RADIO ANNOUNCEMENT



TOPIC

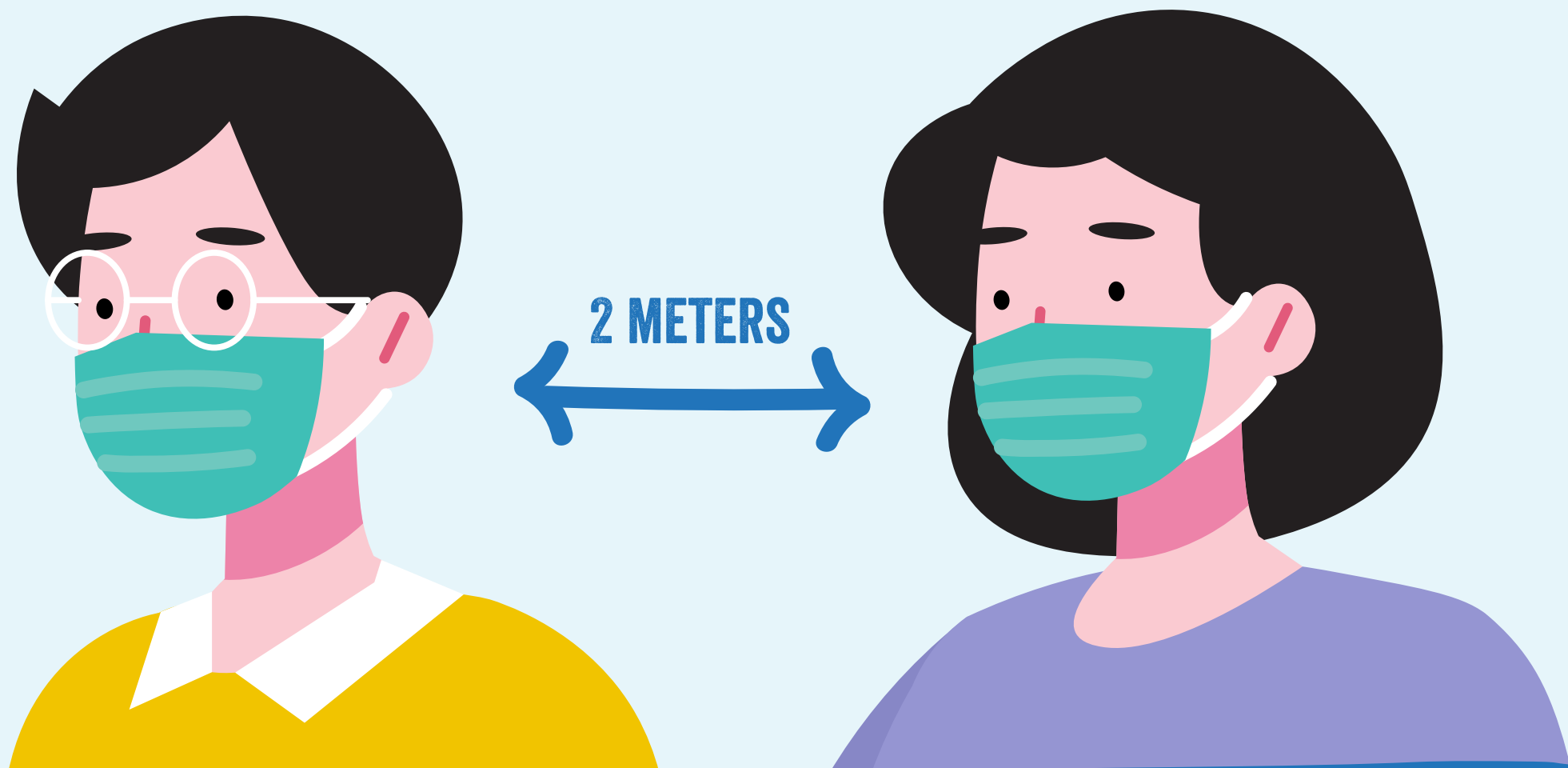
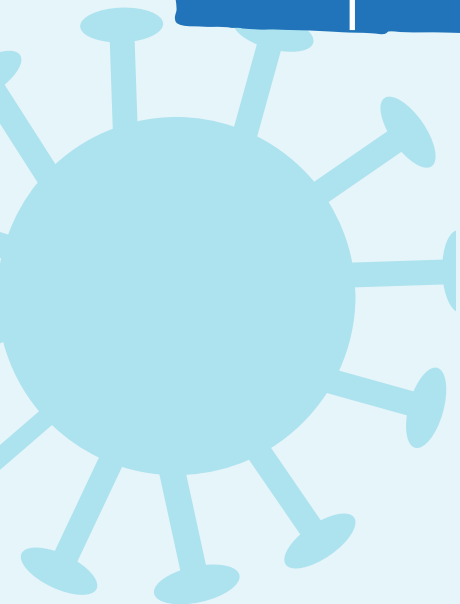
COVID-19 MYTHS OF PREVENTION

DATE OF AIRING :
TIME OF AIRING/TIME SLOT :
DURATION : 1 MINUTE, 20 SECONDS
FORMAT : RADIO PLUG OR PUBLIC SERVICE ANNOUNCEMENT

| LINE | AUDIO |
|------|--|
| 1. | Beware! There are a lot of rumors and speculations about how COVID-19 can be |
| 2. | prevented and cured. Be alert. There are still no medical proofs on cures like eating |
| 3. | eggs, banana, garlic and guavas. It is not also true that drinking alcohol, |
| 4. | turmeric/ginger ale or lemon with baking soda or gargling of water with salt are |
| 5. | effective preventive measures or cures. It is not true that direct sunbathing or |
| 6. | exposure to sun, or covering red textiles with the egg yolk and shells and hanging it |
| 7. | at the stairs or in your houses are also cures. If you have symptoms, isolate yourself |
| 8. | from the rest of the family members. Take a lot of rest, and eat healthy foods and |
| 9. | make sure you have enough sleep. According to the World Health Organization, |
| 10. | there are still no vaccines or medicines that will combat COVID-19. For immediate |
| 11. | consultations, call your Barangay Health Worker o Barangay Health Emergency |
| 12. | Response Team. You can also call 8-9-4-2-6-8-4-3, o talk to Kira at the D-O-H |
| 13. | Facebook Messenger at Viber. |
| 14. | |



| LINE | AUDIO |
|------|---|
| 15. | This public service announcement is brought to you by Plan International |
| 16. | Philippines. If you have any questions/inquiries, answers or suggestions for PLAN |
| 1. | International, text your: Gender SPACE age SPACE name of your town or city |
| 2. | SPACE your message. Then send to 2-1-5-5-8-8-6-4-6, for Globe o T-M |
| 3. | subscribers. For Smart, Sun, o T-N-T subscribers, send it to 2-2-5-6-5-8-6-4-6. Your messages shall remain confidential |



TOPIC

COVID-19 HOTLINES AND ONLINE TRIAGE SYSTEM

DATE OF AIRING :
TIME OF AIRING/TIME SLOT :
DURATION : **60 SECONDS**
FORMAT : **RADIO PLUG OR PUBLIC SERVICE ANNOUNCEMENT**

| LINE | AUDIO |
|------|--|
| 1. | Have fever? Coughs? Tiredness? Difficulty in Breathing? These are symptoms of |
| 2. | COVID-19. Call the D-I-L-G at D-O-H Hotline. Dial 0-2-8-9-4-2-6-8-4-3 for |
| 3. | immediate consultations. For P-L-D-T, Smart, Sun, at T-N-T subscribers, you can |
| 4. | call 1-5-5-5. You can also have your consultations online. Send a message to Kira |
| 5. | using the D-O-H Messenger o Viber account. Check your covid-19 status through |
| 6. | W-W-W DOT kontracovid DOT P-H. Saving and writing these details will help you |
| 7. | become prepared. |
| 8. | |
| 9. | This public service announcement is brought to you by Plan International |
| 10. | Philippines. If you have any questions/inquiries, answers or suggestions for PLAN |
| 11. | International, text your: Gender SPACE age SPACE name of your town or city |
| 12. | SPACE your message. Then send to 2-1-5-5-8-8-6-4-6, for Globe o T-M |
| 13. | subscribers. For Smart, Sun, o T-N-T subscribers, send it to 2-2-5-6-5-8-6-4-6. Your |
| 14. | messages shall remain confidential. |

TOPIC

PROPER HANDWASHING TECHNIQUES



DATE OF AIRING :
TIME OF AIRING/TIME SLOT :
DURATION : **1 MINUTE, 20 SECONDS**
FORMAT : **RADIO PLUG OR PUBLIC SERVICE ANNOUNCEMENT**

| LINE | AUDIO |
|------|---|
| 1. | Protect yourself and your family against COVID-19. Make it a habit to wash your |
| 2. | hands with soap and clean water for 20 seconds. Wash your hands before entering |
| 3. | your house, after having contact with your pets, before and after eating. Pregnant |
| 4. | women and mothers who have just delivered must also wash their hands often, |
| 5. | especially before holding their newborn babies. |
| 6. | |
| 7. | How do we do proper handwashing? Step one, wet your hands with water and |
| 8. | soap. Step two, soap the palm of your hands. Step three, soap the back of your |
| 9. | hands. Step four, scrub the spaces in between fingers. Step five, scrub your nails. |
| 10. | Step six, scrub the space between the thumb. Step seven, scrub in a circling |
| 11. | manner the top of the fingers of both hands. And finally, rinse well the whole hand |
| 12. | and let it dry. |
| 13. | |
| 14. | |



| LINE | AUDIO |
|------|---|
| 15. | This service public announcement is brought to you by Plan International |
| 16. | Philippines. If you have any questions/inquiries, answers or suggestions for PLAN International, text your: Gender SPACE age SPACE name of your town or city SPACE your message. Then send to 2-1-5-5-8-8-6-4-6, for Globe o T-M subscribers. For Smart, Sun, o T-N-T subscribers, send it to 2-2-5-6-5-8-6-4-6. Your messages shall remain confidential. |



TOPIC

CONSULTATION IF COVID-19 SYMPTOMS ARE FELT

DATE OF AIRING :
TIME OF AIRING/TIME SLOT :
DURATION : 1 MINUTE, 20 SECONDS
FORMAT : RADIO PLUG OR PUBLIC SERVICE ANNOUNCEMENT

| LINE | AUDIO |
|------|---|
| 1. | The immediate consultation is the quickest way to prevent the spread of |
| 2. | coronavirus. But how would you know if you need a consultation? First, consult |
| 3. | immediately if in the past 14 days you had coughs or colds, itchiness or sore throat, |
| 4. | body weakness or fatigue. Secondly, if you have chronic illnesses like diabetes, HIV |
| 5. | or AIDS, heart ailments, or if you are pregnant or a healthcare worker. And lastly, |
| 6. | consult immediately if you have severe fatigue or difficulty of breathing, episodes of |
| 7. | confusion, or low blood pressure. Report your condition immediately to the nearest |
| 8. | Barangay Health Worker o Barangay Health Emergency Response Team before |
| 9. | going to the hospital. The hospital that will receive the patient must first be notified. |
| 10. | There are other ways of consultation using your landline or mobile phones. Call |
| 11. | D-I-L-G o D-O-H Hotline: 8-9-4-2-6-8-4-3 for immediate consultations. For P-L-D-T, |
| 12. | Smart, Sun, at T-N-T subscribers, you can call 1-5-5-5. You can also do online |
| 13. | consultations! Talk to Kira on Facebook Messenger and Viber of D-O-H or visit |
| 14. | W-W-W dot Kontracovid dot P-H. But just a brief reminder that these online |

| LINE | AUDIO |
|------|---|
| 15. | consultations are not equivalent to consultations with specialists. |
| 1. | Doctor's |
| 2. | confirmation is still required. |
| 3. | |
| 4. | This public service announcement is brought to you by Plan |
| 5. | International |
| 6. | Philippines. If you have any questions/inquiries, answers or |
| 7. | suggestions for PLAN |
| 8. | International, text your: Gender SPACE age SPACE name of your town |
| 9. | or city |
| 10. | SPACE your message. Then send to 2-1-5-5-8-8-6-4-6, for Globe o T-M |
| 11. | subscribers. For Smart, Sun, o T-N-T subscribers, send it to |
| 12. | 2-2-5-6-5-8-6-4-6. Your |
| 13. | messages shall remain confidential. |
| 14. | |
| 15. | |



TOPIC

PROPER COVID-19

DATE OF AIRING :
TIME OF AIRING/TIME SLOT :
DURATION : 1 MINUTE, 20 SECONDS
FORMAT : RADIO PLUG OR PUBLIC SERVICE ANNOUNCEMENT

| LINE | AUDIO |
|------|---|
| 1. | While we are in the midst of the COVID-19 crisis, we need to be more adept at |
| 2. | managing our personal finances. This is important for us to continue recover from |
| 3. | our present situations. We need to have enough decision-making skills on how we |
| 4. | can use our resources wisely for the benefit of the whole family. How do we do this? |
| 5. | First, we need to budget our earnings especially if this is in bulk. Secondly, do not |
| 6. | immediately spend everything you've earned. Plan and prioritize your savings for the |
| 7. | future. Thirdly, plan with your family and make sure that everybody agrees on how to |
| 8. | spend and pay the debts. Fourth, spend only what you have planned for. Tip: Bring |
| 9. | only money that you allotted for spending, not your savings. Fifth, save at least |
| 10. | 10-20 percent of what you've earned. If possible, deduct the savings first before the |
| 11. | expenses. Sixth, avoid any kinds of vice. And finally, always consider children and |
| 12. | senior citizens who are dependent on us. |
| 13. | This public service announcement is brought to you by Plan International |
| 14. | Philippines. If you have any questions/inquiries, answers or suggestions for PLAN |



| LINE | AUDIO |
|------|--|
| 15. | International, text your: Gender SPACE age SPACE name of your town or city |
| 16. | SPACE your message. Then send to 2-1-5-5-8-8-6-4-6, for Globe o T-M |
| 1. | subscribers. For Smart, Sun, o T-N-T subscribers, send it to |
| 2. | 2-2-5-6-5-8-6-4-6. Your |
| 3. | messages shall remain confidential |
| 4. | |
| 5. | |
| 6. | |

