



Bringing hearts and minds  
together for children

# PLAN INTERNATIONAL **KENYA** IMPACT REPORT









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# INSIGHT FROM OUR COUNTRY DIRECTOR



## OUR COMMITMENT IS TO HELP CHILDREN REALISE THEIR FULL POTENTIAL.

I am happy to share with you Plan International Kenya's impact report. This report is timely as we have started implementing a new 5-year Country Strategic Plan (CSP) which aims to make significant improvements in the lives of 500,000 girls and boys between now and 2020.

Our CSP: '*Nchi Yetu, Watoto Wetu, Jukumu Letu*' swahili for 'Our Country, Our Children, Our Responsibility' spells out not only our vision but how we intend to bring changes through a diverse array of projects in partnerships with Government, other civil

society organisations and through public private partnerships. The CSP which is aligned to Kenya's Vision 2030 focuses on education, child protection, adolescent and child health, youth and economic opportunities, urbanisation, strengthening resilience and response to emergencies.

We aim to increase our use of socially responsible technology in line with Kenya's rapid progress in the digital environment as well as using rights based gender transformative approaches to create change for children and attract resources to support and sustain diversification of our income base and interventions.

Over the past two years, Plan International Kenya has seen growth through the introduction of innovative child focused programmes extending our reach from eight to eleven counties in Kenya. Looking forward, we intend to open up two new project offices in areas where poverty is at its highest and building strong partnerships with other like-minded stakeholders. Our goal is to reach as many vulnerable children as possible through high quality and sustainable interventions.

Plan International Kenya has a longstanding excellent reputation for working to improve the lives of children having been operating in Kenya since 1982. In the following pages, you will read about the way Plan International Kenya has touched the lives of millions of children and maintained a long term relationship with communities to help lift them out of poverty and assisting government to actualise child-friendly government legislation and policies.

We intend to overcome challenges through working together to empower communities to drive their own development initiatives working in tandem with increasing devolution strategies. We place a high value on listening to the voices of children and facilitating space for them to express themselves, their hopes and dreams, to the highest level of government.

I would like to thank all our partners and well-wishers for the amazing contributions that make the work of Plan International in Kenya a success. I speak for all of us at Plan International Kenya when I say we look forward to deepening and strengthening our work and relationships with Kenyan communities in the next five years while we roll-out our ambitions under the banner '*Our Country, Our Children, Our Responsibility*'.

Carol Sherman  
**Country Director**



# PLAN INTERNATIONAL KENYA IN NUMBERS

Country Spend: Kes **1,391,705,973**

Sponsorship spend: Kes **834,276,291**

Grants spend: Kes **557,429,682**

**289** Staff working in **8** Counties implemented **155** projects in **178** sub-locations and **688** villages

Total population reached was **786,500**, and number of children reached to **400,860**; **200,860** boys and **200,000** girls.

Sponsored Children: **63,826**

Partnerships with national and local government: **39**

Partnerships with international and national level NGOs: **31**

Partnerships with **19** local NGOs and **121** Community Based Organisations

## 786,500

Total population reached during 2015

## 400,860

Number of children reached during 2015







# OUR YOUNG AMBASSADORS



Sharon

## Sharon from Kisumu

19 years

My inspiration comes from my mother who raised us all following the death of my father. I have deep respect for the community elders from my community who relentlessly support children and young people. I am happy to have participated in drafting a Memorandum to the First Lady of Kenya, calling on her to prioritise issues affecting adolescent girls in Kenya.

My dream is to establish an orphanage someday so I can reach out to the children in need. I am also a Girl Advocate and a member of Kisumu County Children's Assembly. I would like to be a renowned advocate of girls' rights and believe that girls are not leaders of tomorrow: They are the leaders of today.

“

I AM ALSO A GIRL ADVOCATE  
AND A MEMBER OF KISUMU  
COUNTY CHILDREN'S  
ASSEMBLY.

”



Geoffrey

**Geoffrey from Nairobi**

13 years old

I am the Deputy President of the National Children's Government and I believe that if emphasis is put on teaching children about peace, peace will prevail. Many children are abused and this can affect their learning both in school and at home. There are increased cases of sexual abuse and corporal punishment. Children need to be educated on their rights and know where to report if anything is done to them. Using other children to spread the message, like we do in the children's government, is an effective way of bringing change because one child will understand what the other is going through and will act as a link between students and teachers.



..... I BELIEVE THAT IF EMPHASIS IS PUT ON TEACHING CHILDREN ABOUT PEACE, PEACE WILL PREVAIL.



Samuel

**Samuel from Yatta in Machakos County**

14 years

I am a secondary school student as well as the Governor of the Children Assembly of Machakos County. In 2013, Plan International sponsored me to participate in the children's assembly. During various meetings with Plan International, I acquired different abilities such as leadership and decision-making skills as well as life skills. These have made it possible for me to utilise forums in which to speak to my community such as school events and church functions.

In 2014, I represented Kenya in the 10th National Children Summit held in Kigali, Rwanda. I also participate in several forums that create awareness of children's issues such as the Day of the African Child.

The journey I started with Plan International has enabled me to gain courage and confidence to speak in public, allowed me to interact with other children from different parts of the country and learn about different cultures.

My dream is to be a civil engineer and a global child protector.



Luvuno

**Luvuno**

15 years from Msambweni in Kwale County

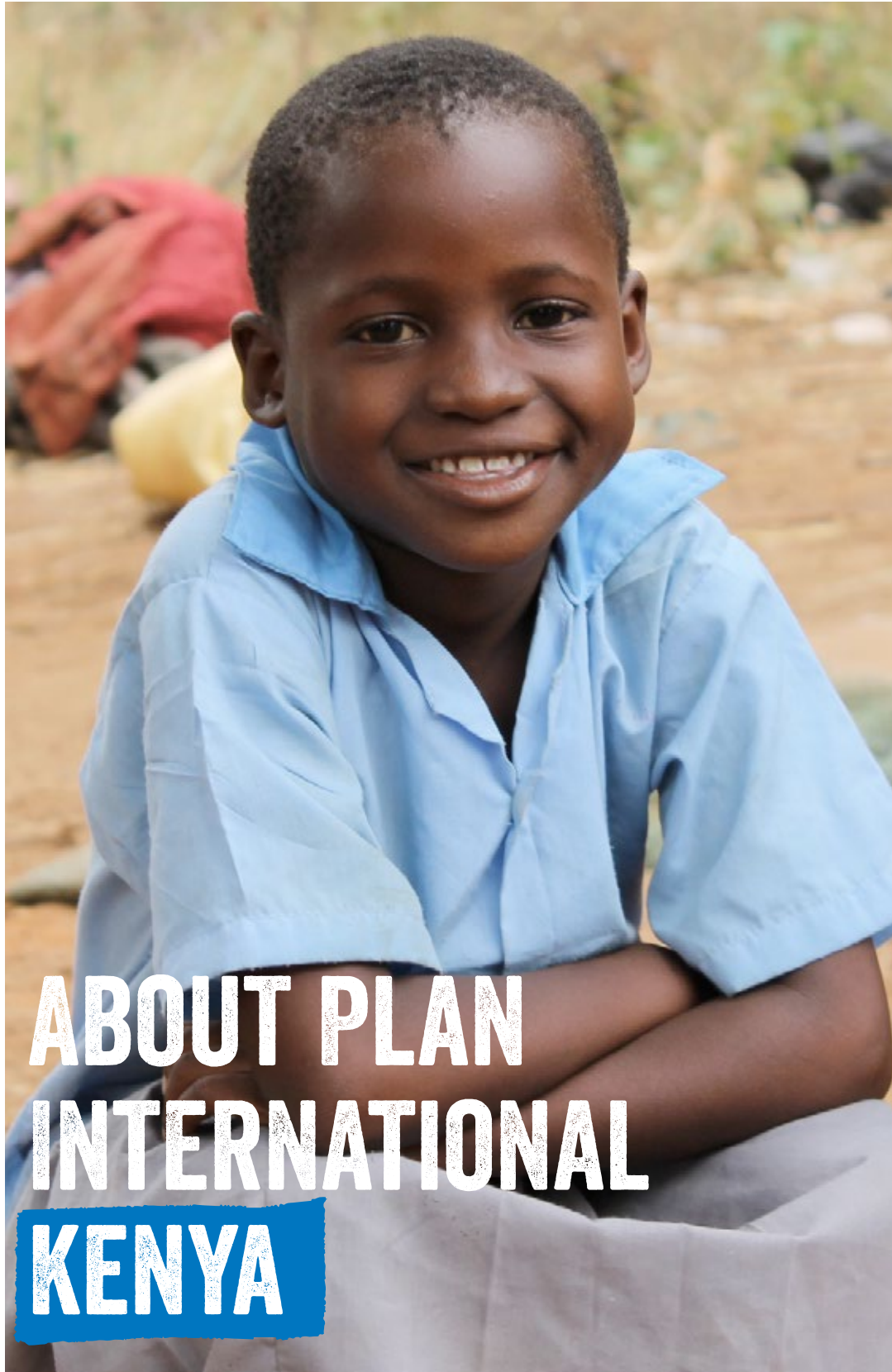
It's hard being a girl in my community. Girls face more challenges than boys such as being forced to drop out of school and marry early. Girls are also expected to perform almost all the household chores while boys play or study. Plan International facilitated the election of the Children Assembly in April 2014 where I was elected Governor of Msambweni sub-county. They also enabled me participate in the Pwani children voices network forum and as a Girl Advocate, I got to represent Plan International's initiative with the EU in a social media campaign. I would like to have a brilliant future. I want to become a lawyer so that I can remove my family from poverty and also defend children's rights.



I WANT TO BECOME A LAWYER SO THAT I CAN REMOVE MY FAMILY FROM POVERTY AND ALSO DEFEND CHILDREN'S RIGHTS.







# ABOUT PLAN INTERNATIONAL KENYA

Plan International has been working for, and with children in Kenya since 1982. We are independent, with no religious, political or governmental affiliations.

We focus on ensuring that the most vulnerable children in the communities have protection, are able to access services and be part of decisions affecting their lives. To do this, we work in partnership with communities, national and local government and civil society organisations.

## How we work

- We work closely with children and their families in the communities where they live.
- We work to support both National and County government to meet their legal obligations towards children under the UN Convention of the Rights of the Child and other international agreements and national child protection legal frameworks and policies.
- We work in partnerships with a range of civil society organisations to strengthen their capacity and implement projects
- We collaborate with the private sector in a variety of ways to develop socially responsible products and tools to enhance the lives of children
- We participate in coalitions and alliances to tackle the underlying causes of child poverty through lobbying, advocacy and campaigns on child rights

## Our programme areas

1. Quality Health
2. Education
3. Inclusion and Protection
4. Dignified and Sustainable Livelihood
5. Just and Democratic Governance





# RIGHT TO QUALITY HEALTH

Number of Health Professionals and volunteers trained were **8,121** reaching **349** communities

Number of health centres constructed/rehabilitated: **20** serving **18** communities

Number of households supported to construct or rehabilitate latrines:

# 68,653

Number of water points or water

systems constructed/rehabilitated: **43**

## Goal:

**To enhance capacities of children, parents, and communities to progressively realise their right to the highest attainable standard of health.**

We support a range of programmes that increase communities' capacity through sensitising caregivers on causes, cure and prevention childhood illnesses and to improve their health seeking behaviour. Our programme amplifies the voice of children, families in informing health resource allocation.



## PROMOTING ACCESS TO QUALITY HEALTH CARE SERVICES FOR CHILDREN

### MATERNAL AND CHILD HEALTH

Out of the 800 women who die each day worldwide due to pregnancy and childbirth complications, 440 are in sub-Saharan Africa. Just like maternal mortality, neonatal and child mortality is also prevalent. It is estimated that children in this region are 16 times likely to die before the age of 5 than those in developed regions.

Kenya has made gains in tackling maternal and child mortality. Despite this, the maternal mortality is 488 per 1000 births,

### Tharaka Nithi

Plan International in Tharaka Nithi, in collaboration with the Ministry of Health carried out door-to-door outreaches and clinics. As a result, 3,500 children accessed immunisation services, which in effect contributed the chance of surviving childhood mortality caused by preventable diseases.

Plan International also raised awareness on reproductive health directly reaching approximately 450 men and women. There have been impressive results recorded by the hospitals that reveal an increase in the number of skilled deliveries by pregnant women. The number of women who have delivered at a hospital increased from 25 in 2014 to 115 in 2015.

### Kilifi

Plan International supported Kilifi County by constructing a maternity block at Roka Hospital in Maweni. The hospital is fully owned by the Ministry of Health. Since completion, there has been a marked increase in the number of deliveries at the hospital: An average of 10 deliveries per month up from 4. "I am very happy and feel privileged to have been admitted at this facility. It is very clean and the staff are hospitable," said Maria Karisa who gave birth to a baby girl at the facility.

Additionally, approximately 4,500 women of reproductive age have benefitted from the facility through accessing antenatal and prenatal care.

## COMMUNITY-LED TOTAL SANITATION (CLTS)

The vast majority of people without improved sanitation are poor and live in rural areas. Plan International is one of the leading proponents of CLTS. This rights-based approach involves encouraging communities to take the lead in improving their sanitation and champion the benefits. We work alongside government, communities and local groups to ensure that our impact is sustainable in the long-term.

## IN NUMBERS

129,442

people with access to basic sanitation in Bondo, Homabay, Kilifi, Nairobi Machakos and Kwale

7,235

household latrines constructed in Bondo, Homabay, Kilifi, Nairobi Machakos and Kwale

27

health facilities reached with water and sanitation services in Homabay and Machakos

### Kwale

Parts of Kwale, especially those that are hard to reach record high incidences of defecating in the open. The culture of tolerance that seems to normalise open defecation is largely to blame. Through working with communities, Plan International has significantly transformed communities' behaviours and practices around sanitation and hygiene.

Plan International supported 4,704 households in Kwale with relevant skills and capabilities to construct household latrines. 18,451 school-going children gained access to safe water and sanitation services. To counter the challenge of financial limitations, the community members were trained on constructing latrines using locally available materials.

Some health facilities, such as Mazumalume Dispensary were already recording impressive results in reduction of incidences of diseases such as diarrhoea and other waterborne illnesses. According to Hannah

Kache, the Public Health Officer in charge of Matuga sub-county, the reduction is up to 80 per cent among children under 5.

Plan International also incorporated sanitation marketing and community initiatives on sanitation financing mechanisms within the CLTS approach to ensure household access to micro credit and financing for latrine improvement.

### Malaria

Major advances have been made in the last decade to control malaria and this has been attributed to the global commitment

and efforts to control the disease. In turn, malaria control interventions have saved the lives of an estimated 3.3 million individuals to date. Despite the efforts, malaria still kills hundreds of children in malaria-endemic areas of Kenya.

### Bondo

A significant number of children in Bondo and Rarieda sub-counties do not have access to adequate health care. As a result, the infant and under-five mortality rates are estimated at 114.6 and 208 per 1,000 births respectively, against a national average of 52 and 74 per 1,000 births.

One of the causes driving these statistics is malaria. To reverse this, Plan International invested in supporting the training of 70 community health volunteers (CHVs) and 56 community health extension workers on integrated community case management (ICCM). The CHVs conducted community awareness and sensitisation outreach and helped identify and manage cases totalling and estimated 13,500 boys and girls.



Plan International additionally carried out immunisation drives for a further estimated 52,000 boys and girls.

29,000 rapid diagnostic test kits for malaria and 580 thermometers were distributed to skilled health caregivers to aid in the diagnosis and treatment of malaria.

In order to reach school-going children, each of the trained CHVs are attached to early childhood care centres. Each month, the CHV submits a report to a community health extension worker who takes it to a health facility for record keeping and monitoring.

Malaria also has damaging effects on pregnant women, hence Plan International facilitated the training of 92 health workers

on managing malaria in pregnant women. This effort recorded impressive results with Bondo hospital recording 1,655 pregnant women who underwent intermittent preventive therapy at the facility against an eligible 1,787 between January and March 2015.

Additionally, 90 facility management committees and community health committees were trained on supply chain management to enhance their skills in procuring of malaria commodities to curb against shortages and limited supplies.





## FACTS AND FIGURES

### KILIFI

- **9790** community members from Chonyi Division have access to clean and safe drinking water from Muschovweka Water Project.
- **600** Sponsored Children in Kilifi benefit from revenue collected from the sale of water.

# 39

villages were declared open defecation free.

### MACHAKOS

- 4 boreholes; 2 dams; 2 springs protection; 5 wells and one pipeline extension were completed benefitting **17,200** households in Machakos.
- **29** Ventilated Improved Pit Latrines constructed in 29 primary schools
- **39** villages were declared open defecation free.
- 15 water committees with **225** members (145 men and 80 women) were trained on effective operations and maintenance as well as effective management practices

### BONDO

- 8 blocks of latrines were constructed in 4 schools benefitting **1,227** pupils.
- 6 villages were declared Open Defecation Free by the Office of District Public Health.
- Household access to toilets has increased from 88% to 93%.

### HOMA BAY

Plan International supported facility based health care workers and furnished them with skills to administer malaria treatment: Intermittent Presumptive Treatment (IPT).

- The Community Health Workers through the community units undertook door-to-door visits of **70** households.
- **10,476** men, women and children were diagnosed and treated for malaria.
- Cases of malaria reported at health facilities dropped by up to 30%.
- **2,400** pregnant women accessed Antenatal Care services from skilled health workers.

# 10,476

men, women and children were diagnosed and treated for malaria.

## STORY OF SIGNIFICANT CHANGE

### Musichovweka Water Project

A vast area of Kilifi County is considered arid and semi-arid, hence, faces acute water shortage.

As such most of the residents, especially in the remote areas, have to walk long distances in search of water, which is primarily available from water wells that are not necessarily safe for human consumption.

The first phase of Musichovweka water project was constructed in 2008 and the second completed in 2015. The fully equipped pipeline has eased the burden on women and children who spent most of their days searching for water, leaving no time for other activities. Plan International also trained 20 members of the water committee on management and governance of water resources and projects.

The water committee consists mainly of Sponsored Children's parents such as Joyce Katana who uses the monthly income to pay fees, buy food and other basic needs for her 3 children. "On average, I sell water worth 600 shillings every day. This is enough to support my family."

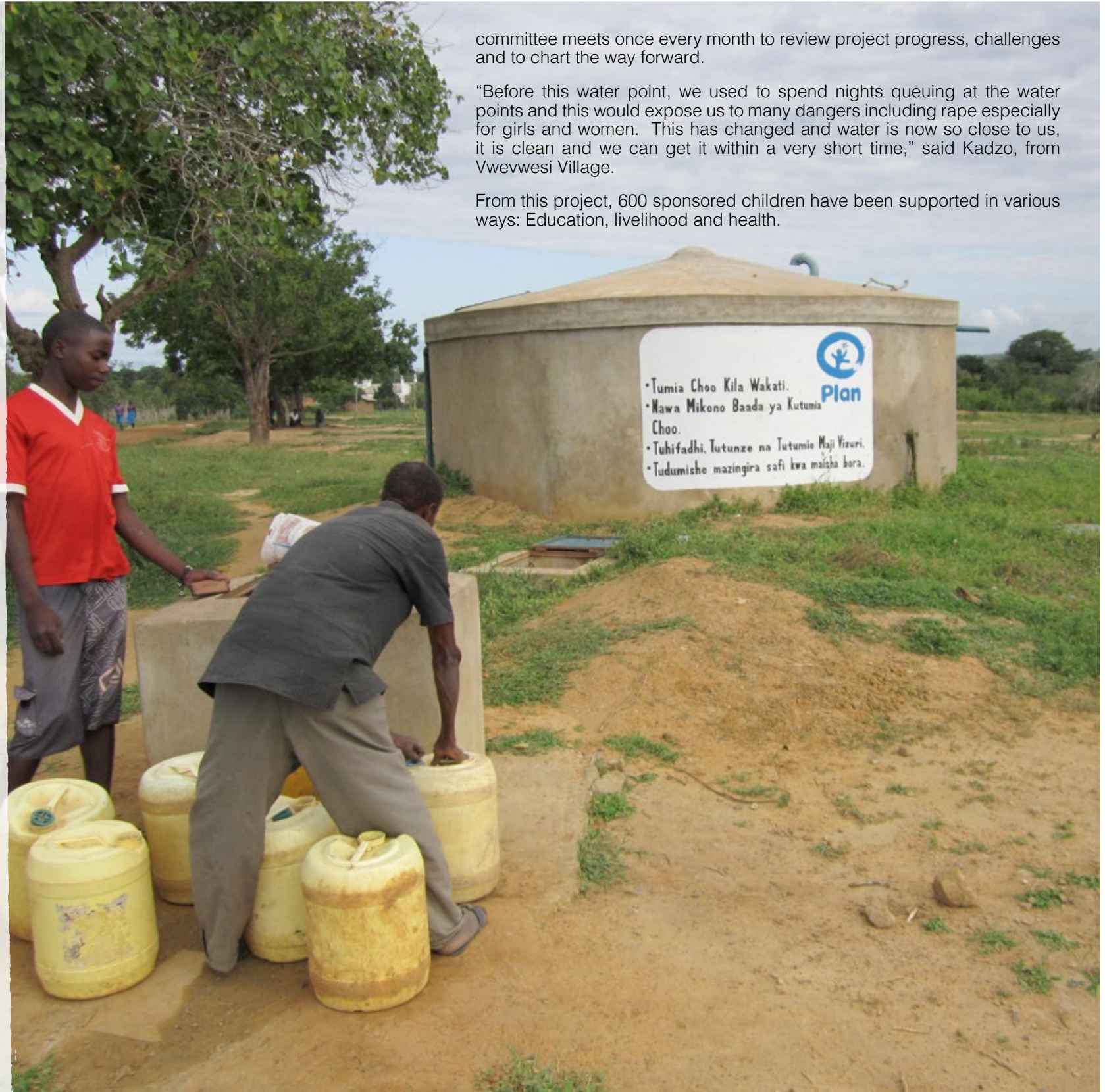
The members continue to manage all operations pertaining to the project. The



committee meets once every month to review project progress, challenges and to chart the way forward.

“Before this water point, we used to spend nights queuing at the water points and this would expose us to many dangers including rape especially for girls and women. This has changed and water is now so close to us, it is clean and we can get it within a very short time,” said Kadzo, from Vwevvesi Village.

From this project, 600 sponsored children have been supported in various ways: Education, livelihood and health.







# RIGHT TO QUALITY EDUCATION

Number of teaching professionals and  
volunteers trained: **4,039** benefitting  
**323** communities

Number of schools rehabilitated:

# 97

Number of ECCD centers constructed/  
rehabilitated: **7**

## Goal:

**To increase access to quality education especially for vulnerable groups of children such as orphans, children with disability and girls.**

We work to promote free, equal access to quality education for all children – from early learning to secondary level. We promote safe and supportive child-friendly learning environments: developing teaching skills and teaching materials, providing life skills and helping communities become more involved in how education is run.

We also support parents and communities in parenting programmes that promote early childhood development and early education by providing room for play and early stimulation of the child in schools with appropriate physical and recreational facilities.

Additionally, we encourage inclusion and participation in education by giving space and listening to marginalised children, including those with special needs.

We continue to work with national and county government to help improve policies on education as well as take part in campaigns to promote quality education for all.



## EARLY CHILDHOOD CARE AND DEVELOPMENT (ECCD)

There has been significant improvement in the adoption of ECCD in Kenya in the recent years. Efforts by the government, communities, and other collaborating partners have resulted in inter-sectoral collaboration and a variety of education settings made available to young children.

Furthermore, the ECCD sector has been devolved to county governments to bring the service closer to the people. This move allows more Kenyans to have a voice in planning for their children's development.

### Bondo, Homabay and Kisumu

We employ a multi-pronged integrated approach for our ECCD programme: to reduce new-born and maternal mortality, to increase child survival and to support the healthy development of children into adulthood.

Additionally, our programme is geared towards preventing and combating preventable childhood illnesses, promote good nutrition, early education and provide support to parents and caregivers. Together

with other partners, we improve access to quality primary healthcare and social services for mothers, children and young people.

In 2015, our interventions involved equipping ECCD centers with essential learning materials and introduction of feeding programmes in Bondo, Homabay and Kisumu. As a result, there has been marked increase in enrolment and attendance of children to ECCD centers that we worked with. As a scale up to the progress achieved in 2014, we enhanced 46 more ECCD centers to make them more appropriate spaces for children.

Plan International also trained 135 female and 21 male ECD teachers and 85 volunteers and enhanced their capabilities of developing indoor and outdoor simulative play materials for children.

Plan International accelerated the formation of 8 parenting groups in Bondo. This is on the premise that involving parents in the programme contributes to improvement of effective monitoring of the learning processes.

During the year, Plan International supported the training of 60 community health

volunteers from Kisumu, Bondo, Kwale and HomaBay on integrated management of childhood illnesses including pneumonia, diarrhoea, malaria and whooping cough. Together with the Ministry of Health, we also supported the establishment of 20 village health committees and enhanced their skills in triggering appropriate healthcare discussions among village members.

## CHILDREN WITH SPECIAL NEEDS

Children with special needs undoubtedly face unique challenges and are very often left out of key decision-making processes. Of importance to Plan International, is the inclusion of all children in development despite their physical limitations by improving inclusive learning-friendly environments for children and laying a strong foundation, especially for the most vulnerable and disadvantaged children.

To achieve this, we continue to employ our child-centered community development approach and take a 360 approach in ensuring inclusion. We involve children, their families and communities, government and other civil society organisations to





increase enrolment, retention, completion and transition of children with disabilities in ECCD and primary schools.

### Tharaka Nithi

A number of communities within Tharaka Nithi have a low regard for children with disabilities. Some of these children are hidden away so that others do not see the 'curse', hence very few attend school. In 2015, Plan International conducted 16 awareness sessions in an effort to demystifying myths surrounding disability

and giving the community members knowledge on how to manage and enhance the lives of children with special needs.

There was discernible improvement in community attitude and hence Plan International was able to conduct a successful screening exercise of 893 children. 453 of these were identified as needing special attention and were placed in various institutions of learning and rehabilitation for those with severe disabilities.

We then directly influenced the admission of 26 children (12 girls and 14 boys) to special schools.

Plan International further went ahead to support infrastructural development through construction of ramps and pavements to enhance mobility of children on wheel chairs and those with other physical and sensory disabilities in 2 primary schools (Karethani & Nkondi). This initiative will benefit 102 boys and girls with physical disabilities.

## FACTS AND FIGURES

### KILIFI

- **1,014** parents (174 men and 840 women) sensitised on early identification and handling of children with special needs.
- **336** children assessed out of whom **74** boys and **80** girls placed in appropriate institutions of learning.
- **60** ECCD teachers trained on approaches and methodologies of teaching children with intellectual challenges.
- **96** teachers trained on early identification of children with special needs.
- **216** children with special needs from **12** schools benefitted from teaching and learning, play and art materials.

### MACHAKOS

- **16** new classrooms and 2 ECCD centres in 2 primary schools were completed.
- **240** classroom desks to 2 schools
- **86** schools supported to establish functional children governments
- **73** boys and girls benefiting from scholarships undertook a mentorship programme

# 1,014

**parents (174 men and 840 women) sensitised on early identification and handling of children with special needs.**

# 240

**classroom desks distributed to 2 schools**

### KISUMU

- **619** chairs, **154** tables, assorted learning and playing materials delivered to 33 ECCD centres.

### KWALE

- **172** (125 females and 47 males) parents trained on Community-led Action for Children (CLAC)



Number of staff in partner organisations trained in child protection:

2122

Number of community members and volunteers trained in child protection:  
27496

Communities benefitted:

367

## Goal:

**To increase effectiveness of child protection mechanisms and systems at family, community and all government levels.**

Plan International Kenya adopts a comprehensive, systems approach to child protection that aims to prevent and respond to all forms of violence against children. We work through influencing formulation and implementation of policies and laws that ensure inclusion of children's perspectives in development agenda.

In Kenya, we also advocate for increased attention, prioritisation and allocation of public resources to child protection interventions at all levels. Additionally, we build networks and alliances for timely interventions and promote access to justice for children whose rights have been violated or denied.



# INCLUSION AND CHILD PROTECTION



## STRENGTHENED CHILD PROTECTION STRUCTURES, SYSTEMS AND PROCEDURES AT FAMILY, SCHOOL, COMMUNITY AND DUTY BEARER LEVEL.

Plan International Kenya persistently enhances and strengthens child protection structures and systems at all levels. This has boosted knowledge and understanding of child protection cases and structures available for reporting. Throughout our programming, we encourage children, their families and communities as a whole to use the toll free line 116 to report cases of abuse. There was remarkable increase in the use of this line hence, more cases being acted upon by relevant authorities.

Plan International also launched an Ending Child Marriage project that will address increased incidences of child marriage by

imparting knowledge on existing legislations and policies on child marriage. This campaign targets community members, including children, and local governments in Kisumu, HomaBay and Bondo.

Plan International was also instrumental in supporting children's councils and support them to develop action plans and lobby for budget allocation to be spent on making school more child friendly.

## PROMOTING CHILD PROTECTION THROUGH A TRIPARTITE CHILD MENTORSHIP AND SUPPORT INITIATIVES

Although girls usually bear the brunt of violence and exploitation, boys are equally not left out. Plan International recognises this and applies a multi-pronged approach to promote child protection and safeguard children's safety and wellbeing.

### Kisumu

Ojola Kadero, one of the 19 schools where we are carrying out a mentorship programme was awarded Best School in Girl Child Protection during the International Education Day 2015. The school registered a significant increase in enrolment: 327 pupils (140 boys and 197 girls) in 2014 up from 303 (150 boys and 153 girls) in 2013.

Additionally, mentorship clubs have been established in a number of schools for peer support and provide for avenues for children to share and learn from each other.

"Through Plan International's support more pupils are beginning to open up to their teachers and parents on issues affecting them at school and even at home," stated Mr Obwago, a school-teacher from one of the schools.

In addition to other interventions, Plan International supported motivational talks for children in the schools on a variety of issues among them; sexual reproductive health education, career development and organisation.

## FACTS AND FIGURES

### KISUMU

- **23** cases of sexually abused girls were identified and referred to the hospital and to police. 8 of these are in court.
- 10 teen mothers with their children received full scholarship from a charity organisation - Mully's Children's Home - for their education after a media campaign by Plan International.
- A Volunteer Children Officers network in 21 locations in Tharaka Nithi, resulted in identification and re-enrolment of 15 girls who had dropped out of school. 4 from child marriage and 11 teenage pregnancies.
- **6,796** (3,304 boys and 3,492 girls) candidates reached through the mentorship programme

### KWALE

- **29** girls received psychosocial support services at Waa Rescue Centre where Plan International renovated a counselling room

# 6,796

**candidates reached through the mentorship programme**

### MACHAKOS

- Trained and supported 239 (75M, 164F) Community Health Workers to enhance the process of registration of children at birth
- Partnered with Legal Resource Foundation to accelerate judicial process of 15 child abuse cases - 13 defilement cases and 2 cases of physical abuse through provision of legal aid.
- In collaboration with the Department of Children Services, Plan International enhanced leadership skills of 22 boys and 28 girls elected to form Machakos County Children Assembly.
- Identified and trained 22 (12 women and 10 men) Volunteer Children Officers in Matungulu sub-county.



Number of agricultural extension workers trained:

76

Number of people trained in livelihood skills or techniques: 16,914

Number of Village Savings & Loans Groups supported or trained: 9,049

Communities benefitted:

1,018

## Goal:

**To increase opportunities for households and groups to engage in sustainable means of livelihoods for dignified standards of living.**

To realise our goal, Plan International Kenya promotes engagement between the government and disadvantaged populations to influence agriculture, water resource and regional economic policy formulation. We advocate for increased resource allocation in infrastructure to create opportunities for people to produce enough for domestic use, sale and increase savings. We also mobilise communities to access financing and diversify their income.

We also invest in reducing the risks communities face when disasters occur and enable communities to reduce the harm that disasters can do.



**DIGNIFIED AND  
SUSTAINABLE  
LIVELIHOOD**





## INCREASE COMMUNITY - LED SAVINGS AND CREDIT OPPORTUNITIES

### KILIFI

Built on a foundation of commitment savings, Voluntary Savings and Loaning schemes provide basic financial services, social support and a platform for learning and testing new ideas for underprivileged people. With 12,730 members – mostly women and young people – participating in the savings and loaning initiative, it is a highly effective, sustainable and scalable instrument for engaging the ‘unbanked’ populations.

The VSLA model has empowered members to undertake a variety of enterprises such as catering services, paying schools fees and medical expenses for their children and providing nutritional food for their families.

## FACTS AND FIGURES

### KILIFI

- **6** irrigation projects completed, benefitting 150 households.
- **1,033** farmers trained and linked with partners such as the Foretu Enterprises - promoters of green houses and high value crops; Equator Kenya- Promoters of horticulture crops like chilies; Agriculture Sector Development support program- funding agriculture and climate changes interventions with farmer groups; and organizations and CAST promoters of cassava and its products.

# 750

people supported during flooding season.

### MACHAKOS

- **248** VSLA groups formed and within a year, members had mobilized a total of Ksh **10,827,000** of savings.
- Facilitated **37** poultry farmer groups to access markets to sell their products

# 1,033

farmers trained and linked with partners.

### BONDO

- **21** VSLA groups were mobilised and a total of Kes **11, 197, 320** mobilised.
- **750** people (127 households) supported during flooding season.
- Disaster risk reduction initiatives in schools including environmental conservation in 17 schools and communities reaching **6,151** people.





## STORY OF SIGNIFICANT CHANGE

### Improving smallholder livelihoods through introduction of exotic goat breeds and cross breeds

In order to reduce the impacts of disasters and enhance resilience among the flood prone communities in Siaya County, Plan International introduced community-based dairy goat improvement enterprise anchored on Post Floods Rehabilitation Project in the year 2014.

This intervention sought to address the poor milk production from indigenous cows and goats as a means of improving productivity, increasing nutrition, income and overall livelihoods of the majority of the rural poor with limited livestock asset base.

Plan International introduced environmental

friendly exotic Toggenburg goats (bucks and does) and drought resistant Gala goats. Potential and vulnerable farmers were trained in basic animal husbandry, housing, fodder development, conservation, utilisation and group dynamics prior to receiving the goats. The farmers were linked to paravets trained through the project to enable access to animal health services at an affordable cost.

Rose Okoth from Maranda in Bondo County was given a Toggenburg Doe in July 2014 and this has changed her life. Rose lives with her children and grandchildren who, prior to the intervention suffered from malnutrition as a result of protein deficiency.

Rose says, "The milk from the goats has improved the nutritional wellbeing of my family. I used to get two litres of milk daily

from the start and later improved to 3 litres as the kids grew and were not depending on milk from the mother. I sell 2 litres of milk at Kshs. 120 each and use the proceeds to pay fees for my last-born daughter. The manure from the goat droppings have greatly improved the soil fertility of my farm, from where I got improved harvest of sorghum, maize and vegetables.

I have also started a poultry enterprise and I will be a very happy farmer when my flock increases. I sincerely thank Plan International for this big contribution to my family even in terms of enhancing our knowledge on successful farming methods. I had no animal, but after one and a half years, I will be a great goat keeper in our rural village of Dunya."





## UNIVERSAL BIRTH REGISTRATION OUTREACHES

In collaboration with the Civil Registration and Children's departments, Plan International supported institutional capacity for child protection, though Universal Birth Registration campaigns.

The acquisition of birth certificates is expected to increase the number of children enrolled in schools. Children can enjoy social protection services like benefiting from cash transfer services by the government. Having a birth certificate also contributes to prevention of early child marriages. It also supports children of age to acquire legal identity cards.

Supported issuance of 35,752 birth certificates to 16,874 boys and 18,878 girls in 7 counties.

## USING MEDIA AND ICT TO ENHANCE ACCOUNTABILITY

From November 2014, Plan International Kenya, through an EU funded project has been implementing Youth Action for Open Governance and Accountability project in Kwale and Tharaka Nithi counties.

Plan International carried out a baseline between March and April 2015 and released the findings in June that suggested that youth were rarely involved in county processes: at 30 per cent.

## OUR FUNDING PARTNERS

Working closely in partnership with our sponsors, other development organisations and with the public and private sectors to combine our efforts and learn from each other enabled us make a bigger impact.

## SPONSORSHIP

**Transforming lives**

Since it was founded, Plan International has used child sponsorship as a cornerstone of its programming to help children. Today, Kenya has 63,000 children who are enrolled in sponsorship. The benefits of sponsorship are two-pronged: the intended benefits to children, their families and their communities from Plan International interventions and the connections made between sponsor and child help the sponsor experience the rewards of helping others







BECAUSE I am a Girl



BECAUSE I AM A GIRL  
MOVEMENT





“

**Because I am  
a Girl aims to  
support millions  
of girls to get an  
education, skills  
and support the  
need to move  
themselves  
from poverty to  
opportunity.**

”









## OUR DONORS (2015)

- DFAT Australia
- Bill and Melinda Gates
- Comic Relief
- Conrad Hilton Foundation
- Canadian Government
- DANIDA
- Department for International Development UK (*DFID*)
- European Union (*EU*)
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- Hobson Foundation
- Jersey Overseas Aid Commission
- Lenovo East Africa
- Ministry of Foreign Affairs - Finland
- Ministry of Foreign Affairs - Netherlands
- Nike Foundation
- Nokia
- Norwegian Agency for Development Corporation (*Norad*)





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