



# A YEAR OF CHANGING LIVES



**PLAN INTERNATIONAL LEBANON**  
2022 ANNUAL REPORT

# CONTENTS

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<b>A Word from the Country Director</b> .....	<b>2</b>
<b>2022 in Numbers</b> .....	<b>3</b>
<b>Achievements Per Program</b> .....	<b>4</b>
<b>Education</b> .....	<b>5</b>
<b>Youth Economic Empowerment</b> .....	<b>7</b>
<b>Child Protection</b> .....	<b>9</b>
<b>Sexual and Reproductive Health and Rights &amp; Gender-Based Violence</b> .....	<b>11</b>
<b>Girls Take the Lead</b> .....	<b>12</b>
<b>Campaigns and Publications</b> .....	<b>14</b>
<b>Capacity Building for Sustainable Change</b> .....	<b>15</b>
<b>Who We Work With: Donors and Partners</b> .....	<b>16</b>



# A WORD FROM THE COUNTRY DIRECTOR

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Safo Visha

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Country Director  
Plan International Lebanon

Looking back to 2022, I am happy to reflect on a year that saw Plan International Lebanon grow and make a real difference in the lives of many children, youth, their families, and communities. Despite the unprecedented challenges posed by the deteriorating situation in Lebanon, our commitment to providing quality programming for our targeted communities, for every child and girl remained unshakeable.

In response to the different issues affecting our communities, we fundraised resources and implemented a variety of projects, initiatives, and campaigns, including those focused on education, child protection, gender-based violence, sexual and reproductive health and rights, and youth economic empowerment. Through these efforts, we were able to make a significant impact on the lives of those we serve.

One of our greatest achievements was empowering girls and young women to raise their voices and become leaders in their communities.

We all worked tirelessly to provide them with the necessary resources, platforms, and skills to advocate for their rights and achieve their full potential.

We are grateful for the unwavering commitment of our program participants, partners, and donors, who have all contributed to making our programs a success for thousands of children and young people in Lebanon.

Last but not least, I would like to extend my heartfelt appreciation to our dedicated teams who worked tirelessly to bring positive change to the lives of those in need. Their hard work and dedication have been an inspiration to us all.

As we move forward, we remain committed to our mission of enabling a quality life for every child and girl. We are ready to continue to contribute and help the most marginalized children and girls in different programs, strengthen systems, and build resilience to future crises.



**THANK YOU FOR YOUR ONGOING SUPPORT, AND LET US CONTINUE TO CHANGE CHILDREN'S LIVES SO THAT THEY CAN HAVE A BETTER FUTURE.**





# 2022 IN NUMBERS

WE REACHED  
BENEFICIARIES **12348**

♀ **8514** | ♂ **3834**

 **2839**  
 **2207**

Girls, Boys  
(0-18 years old)

 **1523**  
 **517**

Young Women, Young Men  
(18-24 years old)

 **1523**  
 **1110**

Women, Men  
(above 24 years old)

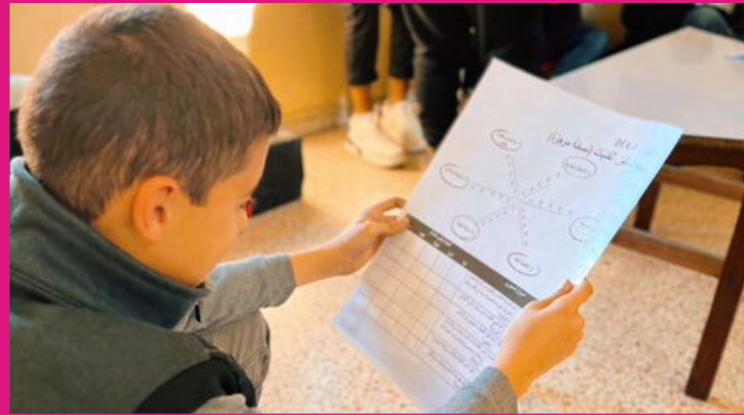
LEBANESE: **5432**  
SYRIAN: **5816**

PALESTINIANS: **1020**  
OTHER: **80**

**18 ACTIVE PROJECTS**   **13 PARTNERS**

## ACHIEVEMENTS PER PROGRAM

# CHILD PROTECTION



# 6745

## GIRLS, BOYS, ADOLESCENTS CAREGIVERS, AND COMMUNITY MEMBERS

were reached through case management, awareness raising, cash support, focused and community-based psychosocial support activities using Plan International's PSS curriculum, and positive parenting.



# RECLAIMING CHILDHOOD: A JOURNEY OF HEALING AND HOPE FOR A MOTHER AND DAUGHTER

**THE POWER OF HOPE AND RESILIENCE CAN NEVER BE UNDERESTIMATED, ESPECIALLY WHEN IT COMES TO THE HEALING OF FAMILIES. THE STORY OF 11 - YEARS-OLD RAYANE AND HER MOTHER IS A TESTAMENT TO THE TRANSFORMATIVE IMPACT OF SUPPORT, EMPATHY, AND UNDERSTANDING. THROUGH THE DEDICATION AND GUIDANCE OF PSYCHOLOGISTS AND SOCIAL WORKERS, THIS FAMILY WAS ABLE TO OVERCOME A LEGACY OF ABUSE AND PAIN AND EMERGE WITH A RENEWED SENSE OF PURPOSE AND HOPE FOR THE FUTURE. THEIR JOURNEY IS A REMINDER THAT EVEN IN THE DARKEST OF MOMENTS, THERE IS ALWAYS A LIGHT AT THE END OF THE TUNNEL, AND WITH THE RIGHT HELP, FAMILIES CAN REBUILD, RECONNECT, AND FLOURISH.**

After participating in focused psycho-social support sessions on parenting, Fida, Rayane's mother reached out for help with her daughter, after confessing that she has been abusing her because she didn't know how to handle her behavior anymore. She was then referred to a team of psychologists and social workers for support.

During one of these sessions, the mother opened up about her own experiences of abuse as a child. She revealed that she had grown up with an abusive brother who used sharp objects to beat her up, causing her to lose her hearing in one ear. To escape the abuse, she married a blind man, thinking that he would be powerless to harm her.

After years of marriage, the mother had three children, with Rayane being the oldest. Due to their dire financial situation, the mother was putting pressure on Rayane to forgo personal purchases and instead spend money on her younger brothers. She was also indirectly asking Rayane to take on the role of caregiver for her siblings, while still helping with household chores.

Through psycho-social support, the mother was able to come to terms with the impact of her past abuse and how it was affecting her relationship with her own children.

She recognized that she had been relying too heavily on Rayane to shoulder a burden that was too heavy for a child. As a result, she became more mindful in her interactions with Rayane and worked on changing her behavior at home.

**RAYANE WAS FINALLY ABLE TO RECLAIM HER CHILDHOOD AND HER BIRTHRIGHT. SHE WAS NO LONGER BURDENED WITH ADULT RESPONSIBILITIES AND WAS ABLE TO ENJOY THE SIMPLE PLEASURES OF BEING A CAREFREE 11-YEAR-OLD.**

## ACHIEVEMENTS PER PROGRAM

# SEXUAL & REPRODUCTIVE HEALTH & RIGHTS & GENDER-BASED VIOLENCE



# 2379

ADOLESCENT GIRLS, YOUNG WOMEN,  
AND THEIR FAMILIES, COMMUNITY LEADERS,  
CIVIL SOCIETY ORGANIZATIONS, AND YOUTH GROUPS

were reached through awareness sessions on GBV, SRHR, capacity building, and positive parenting skills.

# CHAMPIONS OF CHANGE: EMPOWERING YOUTH TO PROMOTE GENDER EQUALITY AND SRHR

The Champions of Change modality is a groundbreaking initiative in Lebanon, aimed at enhancing the knowledge and behavior of young girls and boys related to gender equality, GBV, and SRHR. Through local strategies and activities, adolescents and youth are empowered to lead initiatives promoting gender equality and access to SRH information and services. With quality and timely referrals, vulnerable adolescents and young adults are given access to SRH services. This one-year gender transformative model is piloted for the first time in Lebanon.

**“ I LEARNED A LOT ABOUT MY SEXUAL AND REPRODUCTIVE HEALTH THROUGH THESE TRAININGS AND I FEEL MORE ATTENTION SHOULD BE GIVEN FROM MY SIDE TO THIS ISSUE WITHOUT FEAR OR SHAME.” - Afraa, 16 years old trainee.**

**“ AFTER RECEIVING THESE TRAININGS, I WAS ABLE TO UNDERSTAND THE SOCIETAL CHALLENGES THAT GIRLS GO THROUGH AND STARTED CHANGING MANY WRONG BEHAVIORS WITH MY SISTERS AT HOME.” - Jaafar, 18 years old trainee.**

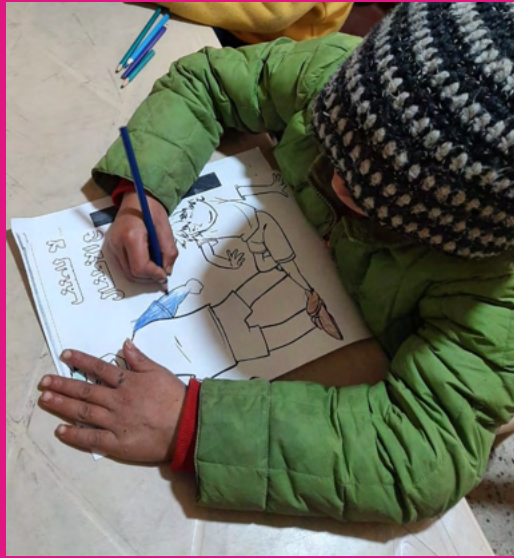
**“ I ALWAYS THOUGHT I WAS DEALING PERFECTLY WITH MY DAUGHTER, BUT FOUND OUT THROUGH THE SESSIONS THAT I AM FAR FROM MY DAUGHTER AND WAS FACING DIFFICULTY IN TALKING ABOUT SENSITIVE TOPICS BECAUSE OF MY WRONG BELIEFS AND I SHOULD ALWAYS DISCUSS SUCH TOPICS WITH HER TO BUILD TRUST AND EMPOWER HER.” - Hussein, 54 years old, father of one of the trainees**

**“ I GOT TO KNOW MANY PEOPLE DURING THE SESSIONS AND WE EXCHANGED TALKS ABOUT SENSITIVE TOPICS SUCH AS HARASSMENT, VIOLENCE, SEXUAL AND REPRODUCTIVE HEALTH, AND THE HARMFUL EFFECTS OF CHILD MARRIAGE. IT WAS AN OPPORTUNITY FOR ME TO NOTE THAT THE SOCIETY TO WHICH I BELONG DOES NOT DISCUSS THESE IMPORTANT TOPICS, ESPECIALLY WITH FATHERS.” - Amira, 49 years old, mother of one of the trainees.**



# ACHIEVEMENTS PER PROGRAM

# EDUCATION



**1597** CHILDREN, ADOLESCENTS,  
AND TEACHERS

were reached through basic literacy and numeracy, homework support, self-care activities, capacity strengthening, and the distribution of education kits and stationery.



# THE STUDENT BECOMES THE TEACHER

Access to education is a fundamental right that many children have been deprived of due to wars, economic and political crises, poverty, and conflicts.

**RAWAN, A 12 - YEARS OLD GIRL FROM SYRIA RESIDING IN BAALBACK, GAINED THAT RIGHT BACK AND COMMITTED TO GIVING IT BACK TO HER SIBLINGS TOO.**

Within the framework of the WOSOUL project, which aims to support vulnerable girls and boys' access to education in Baalback and Hermel, Rawan was reached and was registered in the Basic Learning and Numeracy program.

Once the program started, it didn't take the teachers long to notice that Rawan is an enthusiastic, dedicated, and smart girl who, despite not having received any education since fleeing her country with her family has progressed a lot. She is proof that with the right support and attitude, anyone could get back on track of learning. Every day, Rawan would come to class with her books and stationery that she received from the project. When asked about Rawan's progress since she joined the program, one of her teachers said:

**"RAWAN IS HARDWORKING AND A VERY COMMITTED STUDENT. SHE MADE THE RIGHT USE OF THE EDUCATIONAL OPPORTUNITY THAT WAS PROVIDED TO HER AND SHE DID HER BEST TO ACHIEVE THE BEST POSITIVE OUTCOMES."**



During one of LOST team's follow-up visits to Rawan's family, they were impressed to see her giving her younger sister a lesson in reading and writing the alphabet.

**"I WANT TO CONTINUE MY EDUCATION AND BECOME FLUENT IN ENGLISH, SO I CAN ONE DAY BECOME A TEACHER AND HELP MY SISTER TO READ AND WRITE",** said Rawan.



Upon completing the first phase of the Basic Learning and Numeracy cycles, Rawan will be referred to another educational program to ensure continuity and sustainability, therefore supporting her in achieving her dream and becoming a beacon of hope that lights the darkness of illiteracy.





## ACHIEVEMENTS PER PROGRAM

# YOUTH ECONOMIC EMPOWERMENT



**1627** ADOLESCENTS, YOUTH,  
AND CAREGIVERS

were reached through awareness-raising, skills-building, financial literacy, job placement, and cash support, in addition to advanced business training and entrepreneurial mindset, and in-kind support for SMEs.



# GET TO KNOW SOME OF THE ENTREPRENEURS

## KARIMA: PRESERVING TRADITIONS AND EMPOWERING WOMEN



IT SUPPORTS AND EMPOWERS THE ENTIRE COMMUNITY BY ENCOURAGING FARMERS AND INVOLVING WOMEN IN THE PROCESS, THUS INCREASING THEIR INCOME. ADDITIONALLY, A LARGE PERCENTAGE OF KARIMA'S PROFIT GOES TO PROJECTS THAT SUPPORT CHILDREN, SUCH AS BUILDING CHILD-FRIENDLY SPACES.

**KARIMA** is an initiative that was founded by four ambitious young women. It consists of buying products from farmers and turning them into mouneh (preserved food) that is cooked by women from the community.

By joining the FORSA project that aims to provide economic support for youth and small to medium enterprises, Shames, one of the founders, attended business development training to grow their enterprise. Upon the completion of the training, KARIMA received funding to equip their workshop with a solar system for a sustainable and cost-efficient source of electricity.



**KARIMA IS AN EXAMPLE OF A SOCIAL ENTERPRISE THAT ADDRESSES SOCIO-ECONOMIC ISSUES IN BAALBEK-HERMEL.**





# GIRLS TAKE THE LEAD

## LEBANESE GIRLS TAKE OVER DIPLOMATIC AND LEADERSHIP POSITIONS ON INTERNATIONAL DAY OF THE GIRL

Aseel, Stephanie, Katia, Haifa, Liliane, and Clara from Lebanon made history by taking over powerful diplomatic and leadership positions in celebration of International Day of the Girl.

From the Ambassador of Australia to the Head of Cooperation of the European Union Delegation of Lebanon, the Head of International Cooperation of the Swiss Embassy in Beirut, the President of the National Commission for Lebanese Woman, the Deputy Representative of UNHCR in Lebanon, and the Country Representative of UN Women, these strong and ambitious young women raised their voices loud and proud and made sure that they are heard by the decision-makers. They felt empowered, proud, and hopeful to have a future in politics and to achieve their dreams of one-day becoming parliamentarians, activists, leaders, and politicians.



## YOUNG WOMEN ACROSS THE ARAB REGION UNITE TO ADVOCATE FOR CHANGE



A group of 25 young women from Egypt, Lebanon, Jordan, Tunisia, and Iraq have come together to form a youth-led group that advocates for change. They attended a 5-day training in Egypt, where they received education on sexual and reproductive health and rights, gender and inclusion, and advocacy, and continued their training online in their respective countries. During the online training, they chose a topic that affected them all and worked together for the past five months to plan and prepare for an advocacy campaign. These motivated, passionate, and determined young women are working to make a difference in the Arab region, united in their efforts to create change on an issue close to their hearts.

## AMPLIFYING GIRLS' VOICES LOCALLY, REGIONALLY AND INTERNATIONALLY



Girls in Lebanon had the opportunity to speak up and raise their voices on issues that affected them directly through various advocacy initiatives in 2022. Plan International Lebanon provided a platform for girls and young women to come together and share their ideas and initiatives related to girls' and young women's rights at the She Leads local conference. Additionally, several empowered girls represented their views and concerns at larger conferences, with three advocating regionally at the Arab Summit in Jordan and another representing internationally at the Transforming Education Summit in New York. These conferences provided a space for girls to share their experiences and perspectives, amplifying their voices and bringing attention to important issues.



# CAMPAIGNS AND PUBLICATIONS

Plan International Lebanon worked on a number of digital campaigns in 2022 to tackle various important issues and raise awareness. These campaigns included one on period poverty and menstrual hygiene day, a Girls Get Equal campaign on the international day of the girl demanding equal power and representation for girls in politics, and a "Don't be a witness" campaign during the 16 days of activism, which urged people not to stand as witnesses to violence against girls and young women and to take action.



Plan International Lebanon conducted a needs assessment study titled "Voices of Youth Amidst Lebanon's Economic Collapse" to gain an in-depth understanding of the challenges faced by adolescent girls and boys and young women and men across the nation. The study includes a detailed gender analysis and serves as a complementary assessment to existing ones, quantifying the impact of the crisis and determining the main needs, conditions, and capacities of the different target groups. The report was launched through a social media campaign called Fhamuna Sah (Understand us properly), which aims to highlight the issues faced by youth in Lebanon, including forced marriage, bullying, long working hours, and more.



# CAPACITY BUILDING FOR SUSTAINABLE CHANGE

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Plan International Lebanon has achieved significant results in providing training and capacity building to its partners during 2022. This approach has equipped partners with the knowledge, skills, and resources to effectively implement programs and projects, resulting in higher quality services and sustainable impact on communities.

## **CHILD PROTECTION: 430**

Basic Core Concepts of Child Protection, Psychosocial Support, Life Skills, Parenting Skills, Community-based Child Protection Mechanisms, Safe Identification and Referral, etc.

## **EDUCATION: 238**

Classroom Management, Inclusive Classrooms, Teacher's Wellbeing and Stress Management, Teaching in Crisis Context, Remote Learning, Healing Classroo, BLN Curriculum Implementation, etc.

## **SRHR AND GBV: 148**

Adolescent Sexual and Reproductive Health and Rights, Gender-based Violence Core Concepts, etc.

## **GENDER AND INCLUSION: 118**

Disability, Intergender Dialogues, Gender and Inclusion, etc.

## **SAFEGUARDING AND PSHEA: 59**

## **POLICIES: 43**

Anti-fraud, Anti-bribery and Corruption, etc.

## **COMMUNICATION AND ADVOCACY: 19**

The Basics of Communication and Storytelling

## **LIVELIHOOD: 15**

Entrepreneurship, Business Linkages, Financial Literacy, Marketing, etc.

## **CONFLICT SENSITIVITY: 7**



# WHO WE WORK WITH

## PARTNERS



Save the Children



International Medical Corps

مؤسسة عامل الدولية  
amelassociationInternational



FE-MALE  
LOUD- PROUD- FEMINISTS



The Lebanese Organisation of Studies and Training  
الجمعية اللبنانية للدراسات والتدريب

RD=L  
التجمع النسائي الديمقراطي اللبناني



himaya  
Pour l'innocence en danger



SHEILD  
ASSOCIATION



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AKKAR NETWORK FOR DEVELOPMENT  
AND



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