LEARN ABOUT YOUR RIGHTS!
The UN Convention on the Rights of the Child

1. Until you are eighteen, you are considered a child and have all the rights in this Convention.

2. When adults are making decisions that affect you, you have the right to say freely what you think should happen and to have your opinion taken into account.

3. All actions and decisions that affect you should be based on what is best for you or any child.

4. The Government should make these rights available to you and all children.

5. Your family has the main responsibility for guiding you so that, as you grow, you learn to use your rights properly. Governments should respect this right.

6. You have the right to live and grow well. Governments should ensure that you survive and develop healthily.

7. You have the right to have your birth legally registered, to have a name and nationality and to know and to be cared for by your parents.

8. Governments should respect your right to a name, a nationality and family ties.

9. You should not be separated from your parents unless it is for your own good (for example, if a parent mistreats or neglects you). If your parents have separated, you have the right to stay in contact with both of them unless this might hurt you.

10. If your parents live in different countries, you should be allowed to move between those countries so that you can stay in contact with your parents or get back together as a family.

11. Governments must take steps to stop you being taken out of your country illegally.

12. You have the right to look for, get and share information in all forms (i.e. through writing, art, television, radio and internet), as long as the information is not damaging to you or to others.

13. You have the right to meet and to join groups and organisations with other children, as long as this does not stop other people from enjoying their rights.

14. You have the right to think and believe what you want and to practice your religion, as long as you do not stop other people from enjoying their rights. Your parents should guide you on these matters.

15. You have the right to protection from interference with privacy, family, home, mail, and from attacks on your character or reputation.

16. You have the right to reliable information from a variety of sources, including books, newspapers and magazines, television, radio and internet. Information should be beneficial and understandable to you.

17. Both your parents share responsibility for bringing you up and should always consider what is best for you. Governments should provide services to help parents, especially if both parents work.

18. You have the right to protection from violence, abuse and neglect by your parents or anyone else who looks after you.

19. Governments should ensure that you are properly cared for and protect you from violence, abuse and neglect by your parents or anyone else who looks after you.

20. If parents and family cannot care for you properly, then you must be looked after by people who respect your religion, traditions and language.

21. If you are adopted, the first concern must be what is best for you, whether you are adopted in your birth country or if you are taken to live in another country.
If you have come to a new country because your home country was unsafe, you have the right to protection and support. You have the same rights as children born in that country.

If you have any kind of disability, you should have special care, support and education so that you can lead a full and independent life and participate in the community to the best of your ability.

You have the right to good quality healthcare (i.e. medicine, hospitals, health professionals). You have the right to clean water, nutritious food, a clean environment and health education so that you can stay healthy. Rich countries should help poorer countries achieve this.

The society in which you live should provide you with benefits of social security that help you develop and live in good conditions (i.e. education, culture, nutrition, health, social welfare). The Government should provide extra money for the children of families in need.

If you have any kind of disability, you should have special care, support and education so that you can lead a full and independent life and participate in the community to the best of your ability.

You should live in good conditions that help you develop physically, mentally, spiritually, morally and socially. The Government should help families who cannot afford to provide this.

You have the right to rest, have leisure, play and participate in cultural and artistic activities.

You have the right to learn and use the traditions, religion and language of your family, whether or not these are shared by most people in your country.

You have the right to education. Primary education should be free and required. Secondary education should be accessible to every child. Higher education should be available to everyone on the basis of capacity. School discipline should respect your rights and dignity.

Education should develop your personality, talents, mental and physical abilities. It should prepare you for active participation in a free society, and encourage you to respect your own culture and other people’s culture.

If you break the law, you should not be treated cruelly. You should not be put in prison with adults and should be able to stay in contact with your family. The death penalty and life sentences in prison are not allowed for children.

If you are accused of breaking the law, you must be treated in a way that respects your dignity. You should receive legal help and only be given a prison sentence for most serious crimes.

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Most governments have agreed in an Optional Protocol to the CRC that children under 18 should not be allowed to join the army.

You should be protected from sexual exploitation and abuse, including prostitution and involvement in pornography.

You should be protected from any activities that could harm your development and wellbeing.

The Government should provide ways of protecting you from using, producing or distributing dangerous drugs.

The Government should take steps to make sure that you are not kidnapped, sold or taken to other countries to be exploited.

The Government should protect you from work that is dangerous to your health or development, that interferes with your education or that might lead people to take advantage of you.

The Government should make the Convention known to all parents, institutions and children.

If the laws in your country are better for children than the articles of the Convention, then those laws should be followed.

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If you are looked after by local authorities or institutions rather than by your parents, you should have your situation reviewed regularly to make sure you have good care and treatment.

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